



16th December 2020

Parents of Students in Years 7, 8, 9 and 10

Dear Parent/Carer,

We have been informed of a confirmed case of COVID-19 within Year 8 at the school.

This letter is to inform you of the current situation and provide general advice for you.

The parents of some students in Year 8, where there has been a confirmed case, will have received a letter advising them to self-isolate in line with the national guidance. This has been limited to 25 students in close contact. The majority of these students were together in one classroom all day on 14th December (last day of contact) for a special STEM learning day. Therefore, other year 8 students were not in close contact and so are not required to self-isolate.

If you have not received a letter identifying your child as a close contact your child is not advised to self-isolate on account of the case in the school. This letter is for your information only.

Students in Years 7, 9 and 10 should continue to attend school as normal, as well as all Year 8 students who have not received a phone call and separate letter from us.

Although your child has not been identified as a close contact I would like to take this opportunity to provide you with general information on COVID-19.

General COVID information

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19 they should remain at home. Arrange for a COVID test via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling NHS 119 and inform the head teacher.

If their test is negative and they can return to school when they are well.

If their test is positive they will need to self-isolate for **10 days** from the date when your symptoms start. All your household members must also self-isolate for 10 days.

The date of symptom onset is day zero.

[https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection.](https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection)

Symptoms

The symptoms of coronavirus (COVID-19) are:

- recent onset of new continuous cough or
- high temperature or
- a loss of, or change in, normal sense of taste or smell (anosmia).

For most people, coronavirus (COVID-19) will be a mild illness. If you are concerned about your health or the health of anyone else in your house please seek advice from your GP or NHS 111 by phoning 111.

There are things you can do to reduce the risk of getting COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you have any questions or queries, please do not hesitate to contact the relevant staff or you can email myself at head@lealands.luton.sch.uk.

Yours sincerely,



Mr John Burridge
Headteacher