

17th December 2025

Dear Parent/Carer

Relationship & Sex Education

Your child's Religion and Society curriculum will include the Relationship & Sex Education that is relevant to them this academic year.

Relationship & Sex Education is an important part of a young person's education and our aim is to provide students with factual information and enable them to make healthy informed choices as they move into adult life. We aim to increase knowledge, change attitudes and enhance skills, in order to positively impact young people's behaviour.

These lessons are taught by teachers within our humanities department who have been provided with specialist training in the subject. Some topics within the curriculum will be taught in single sex groups, where it is felt this is appropriate.

The schedule we will be following is shown below:

Year 7: Scheme of Work begins on 26th January 2026 and runs for 3 lessons.	Year 8: Scheme of Work begins on 26th January 2026 and runs for 3 lessons.	Year 9: Scheme of Work begins on 27th April 2026 and runs for 4 lessons.	Year 10: Scheme of Work begins on 12th January 2026 and runs for 3 lessons.
Puberty and Emotional Change	Sex and the Law	Contraception (types and effectiveness)	Starting out and maintaining in a healthy romantic relationship
Healthy Relationships (family and friends)	Sexual Orientation and Gender identity	Contraception (rights and responsibilities)	Remaining safe and the capacity for consent.
Recognising different family types	Stable relationships and marriage	STIs and unplanned pregnancies	Dangers of viewing explicit online content.
		Safe family relationships.	

Year 11 will have a shorter provision focused on retrieving previous learning as part of their healthier lifestyles unit.

In order to reassure you that our SRE curriculum is thoughtful and appropriate, our curriculum materials are available to view on the curriculum section of our school website. It is important to us that parents, as their child's most important teachers in this area, are fully aware of our curriculum content and have full trust in our intentions in this important area of personal development for our students.

I would also like to invite you to our Relationship and Sex Education Parental Information Evening, to be held on **Thursday 8th January 2026**. You can sign up for one of two sessions; either 4.00pm or 5.00pm. This presentation will give specific detail on our curriculum. If you wish to attend, please use this google form to register.

<https://forms.gle/xDYe9RVKa8UQR59u7>

If you have any questions related to these subjects or other aspects of your child's Religion and Society lessons, please do not hesitate to contact me on 01583 611600.

Yours sincerely



Mr P. White

Director of Humanities