



12<sup>th</sup> December 2020

### Parents of Students in Years 7 - 10

Dear Parent/Carer,

We have been informed of a confirmed case of COVID-19 within the school. Although still relatively low, we are seeing increasing numbers of students affected. I hope that this will reduce as the vaccine is rolled out and that disruption to learning will be kept to a minimum.

This letter is to inform you of the current situation and provide general advice for you.

The parents of students in our Year 11 Bubble, where there has been a confirmed case, will have received a letter advising them to self-isolate in line with the national guidance.

**If you have not received a letter identifying your child as a close contact your child is not advised to self-isolate on account of the case in the school. This letter is for your information only.**

**Students in Years 7 - 10 should continue to attend school as normal.**

Our strict Bubble separation means that there is no risk to any students outside of the Year 11 Bubble and no requirement for other students not in the Year 11 bubble to self-isolate. A few Year 11 students will still attend school until the end of term. These are students who were not in school on the days when the confirmed case was infectious in school or who are in other Bubbles eg. SEN.

**Although your child has not been identified as a close contact I would like to take this opportunity to provide you with general information on COVID-19.**

#### General COVID information

#### What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19 they should remain at home. Arrange for a COVID test via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling NHS 119 and inform the head teacher.

**If their test is negative and they can return to school when they are well.**

**If their test is positive** they will need to self-isolate for **10 days** from the date when your symptoms start. All your household members must self-isolate for 14 days.

**The date of symptom onset is day zero.**

[https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection.](https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection)

### **Symptoms**

The symptoms of coronavirus (COVID-19) are:

- recent onset of new continuous cough or
- high temperature or
- a loss of, or change in, normal sense of taste or smell (anosmia).

**For most people, coronavirus (COVID-19) will be a mild illness. If you are concerned about your health or the health of anyone else in your house please seek advice from your GP or NHS 111 by phoning 111.**

### **There are things you can do to reduce the risk of getting COVID-19:**

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you have any questions or queries, please do not hesitate to contact the relevant staff or you can email myself at [head@lealands.luton.sch.uk](mailto:head@lealands.luton.sch.uk).

Yours sincerely,



Mr John Burridge  
Headteacher