



11th June 2021

Dear Parent/Carer

Relationship & Sex Education and Drug & Alcohol Education

Between now and the end of term, your child's Religion and Society curriculum will focus on the Relationship & Sex Education and Drug & Alcohol Education that is relevant to them this academic year.

Both Relationship & Sex Education and Drug & Alcohol Education are an important part of a young person's education and our aim is to provide students with factual information and enable them to make healthy informed choices as they move into adult life. We aim to increase knowledge, change attitudes and enhance skills in order to impact positively on young people's behaviour.

These lessons are taught by teachers within our humanities department who have been provided with specialist training in the subject. Some topics within the curriculum will be taught in single sex groups, where it is felt this is appropriate.

The programme we will be following is shown below:

Year 7	Year 8	Year 9	Year 10
Understanding Drugs: Caffeine and Energy Drinks	Understanding Drugs: Caffeine and Energy Drinks	Drugs, the law and managing risk	Substance use and assessing risk
Tabacco – Risks and Influences	Tabacco – Risks and Influences	Drugs and their effects: Alcohol and Cannabis	Substance abuse and managing influence
Alcohol and risk	Alcohol and risk	Managing the influence of others.	Help seeking and sources of support.
Puberty and Emotional Change	Sex and the Law	Contraception	Being safe
Healthy Relationships	Sexual Orientation and Gender identity	STIs and unplanned pregnancies	Starting out and maintaining in a healthy romantic relationship

If you have any questions related to these subjects or other aspects of your child's Religion and Society lessons, please do not hesitate to contact me on 01583 611600.

Yours sincerely

Mr P. White
Director of Humanities

