

11th May 2026

Dear Parent/Carer,

I am writing to inform you about important developments to our Personal, Social, Health and Economic (PSHE) education provision, which will take effect from September 2026.

As part of our commitment to ensuring that all students are equipped with the knowledge, skills and understanding they need to thrive in modern Britain, we are introducing an enhanced curriculum to be known as PSHCE (Personal, Social, Health, Citizenship and Economic education). This reflects a broader and more integrated approach to preparing students for life in an ever-changing society.

This slight change has been implemented in response to the new statutory requirements of the RSHE curriculum, as outlined in the Department for Education's statutory guidance, *Relationships and Sex Education (RSE) and Health Education, 2025*. The updated guidance places greater emphasis on ensuring young people are prepared for modern life, understand healthy relationships, know how to stay safe, and are able to make informed decisions about their wellbeing and future.

PSHCE will be taught for one hour per week within the curriculum time previously allocated to Religion and Society. While the subject has been renamed, it continues to build on the strong foundation of values, reflection and discussion that students are familiar with, while broadening its scope to include key life skills and contemporary issues.

Our new curriculum has been carefully designed using the thematic approach outlined in the Association of Police and Crime Commissioners' Pol-Ed resources. This approach organises learning into clear, progressive themes that are revisited and developed over time. Through this structure, students will explore areas such as personal safety, relationships, decision-making, community responsibility, and understanding risk in a way that is age-appropriate and relevant.

The intent of our PSHCE curriculum is to ensure that all students:

- Develop the knowledge and confidence to make informed, responsible decisions
- Understand how to stay safe, both online and in their communities
- Build resilience and respect for themselves and others
- Gain awareness of their rights and responsibilities as citizens
- Are prepared for future education, employment and adult life

This curriculum is particularly important within the context of Luton, a diverse and vibrant community. Our programme reflects local needs and priorities, supporting students to understand and respect different

backgrounds, challenge misconceptions, and contribute positively to their community. It also addresses relevant local issues, helping students to navigate real-life situations with confidence and care.

In addition to core PSHE content, the PSHCE curriculum incorporates elements from:

- The Citizenship National Curriculum
- Religious Education
- Careers Education
- Current and emerging themes that are particularly relevant to our students

Students will be encouraged to regularly reflect on their learning and will actively track their progress throughout the course. This reflective approach supports personal growth and helps students recognise how their knowledge and skills are developing over time.

We believe that this updated PSHCE curriculum will play a vital role in supporting your child's personal development and wellbeing, as well as their academic success.

We will be holding a Parental Information Evening at the beginning of the next academic year. If you have any questions or would like further information about the curriculum, please do not hesitate to email me at whitep@lealands.luton.sch.uk or click on the following link to view the [Department for Education's statutory guidance for Relationships and Sex Education \(RSE\) and Health Education, 2025.](#)

Yours Sincerely

Mr P. White

Director of Humanities