



18<sup>th</sup> November 2020

**Parents of Students in Years 7, 9, 10 and 11**

Dear Parent/Carer,

We have been informed of a confirmed case of COVID-19 within the school.

This letter is to inform you of the current situation and provide general advice for you.

The parents of students in our Year 8 Bubble, where there has been a confirmed case, will have received a letter advising them to self-isolate in line with the national guidance.

**If you have not received a letter identifying your child as a close contact your child is not advised to self-isolate on account of the case in the school. This letter is for your information only.**

**Students in Years 7, 9 10 and 11 should continue to attend school as normal.**

Our strict Bubble separation means that there is no risk to any students outside of the Year 8 Bubble and no requirement for other students not in the Year 8 bubble to self-isolate. A few Year 8 students will still attend school until the 30<sup>th</sup> November when all others can return. These are students who were not in school on the day when the confirmed case was or who are in other Bubbles eg. SEN.

**Although your child has not been identified as a close contact I would like to take this opportunity to provide you with general information on COVID-19.**

**General COVID information**

**What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19 they should remain at home. Arrange for a COVID test via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling NHS 119 and inform the head teacher.

**If their test is negative and they can return to school when they are well.**

**If their test is positive** they will need to self-isolate for **10 days** from the date when your symptoms start. All your household members must self-isolate for 14 days.

**The date of symptom onset is day zero.**

[https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection.](https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection)

### **Symptoms**

The symptoms of coronavirus (COVID-19) are:

- recent onset of new continuous cough or
- high temperature or
- a loss of, or change in, normal sense of taste or smell (anosmia).

**For most people, coronavirus (COVID-19) will be a mild illness. If you are concerned about your health or the health of anyone else in your house please seek advice from your GP or NHS 111 by phoning 111.**

### **There are things you can do to reduce the risk of getting COVID-19:**

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you have any questions or queries, please do not hesitate to contact the relevant staff or you can email myself at [head@lealands.luton.sch.uk](mailto:head@lealands.luton.sch.uk).

Yours sincerely,



Mr John Burridge  
Headteacher