



Lealands
High School
A Specialist Sports College
Aspire Believe Achieve

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29th October 2019

Dear parents/carers,

I am writing to invite you to a parental information evening which will be delivered by the Child and Adolescent Mental Health Service (CAMHS) on Wednesday 6th November at 4:30pm in the main school hall. This information evening will offer year 10 & 11 parents/carers advice and guidance about exam stress and anxiety and how you can support your child through their GCSE exams.

Please note that due to capacity and in order to encourage conversation and questions this information evening will be for parents only.

If you would like to attend, please complete the form linked to this letter*. (Link on email version)

Kind regards

Mrs S Oliver

Senior Pastoral Support Manager



Specialist Schools
and Academies Trust
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