

# Lealands News

SCHOOL NEWSLETTER | SEPT/OCT 2020

IN THIS ISSUE....

Introducing  
Lealands' Head Girl  
and Head Boy

Welcome Year 7!

GCSE Results 2020

News & Updates

...PLUS MUCH MORE



\*Photo was taken socially distanced and Photoshopped.



**Lealands**  
High School

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Find us on 

 @Lealandshigh

 @LealandsHigh

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# INTRODUCTION FROM HEADTEACHER MR BURRIDGE

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Dear Parent/Carer,

Welcome to the first Lealands News of this academic year. You don't need me to tell you that 2020 has already been the most disrupted and unusual year we have faced, but I am pleased to report that our September start has been phenomenally positive. Students and staff have exemplified our values in all working together to make the very best of a difficult situation. Our students are adjusting very well to the new arrangements and rules that are in place to protect us all and we are very grateful for their support and that

of parents with this. Of course, there are still many things that are not as we would ideally like them to be and some things that are very inconvenient. However, our primary function of delivering excellent classroom teaching and learning is going extremely well.

It is disappointing that this Newsletter is not full of the usual activities and visits that we would normally be providing for our students, but we do hope that as we settle into the new ways of working some of these will be able to start again.

Over the Summer, we had a tense time following all the media regarding examination results. We had, as part of the Government's consultation, warned them of the potential consequences of using a school's historical results. In no way should a young person's academic achievement be based on what prior students have achieved in a school. We were extremely relieved when the Government finally made the right decision to award students their Centre Assessed Grades for GCSE. Our staff and students had worked extremely hard to improve results. We were always expecting this to be our best year yet and to have potentially had this denied would have been a travesty. You can read more about our students' GCSE results on page 14.

I would very much like to end by thanking you for your continued understanding and patience. We are continually looking at how we can provide the best education and provision in the current circumstances. Rest assured that where we can further support our students, we will do all we can.

**John Burridge**

**Headteacher**

# DATES FOR YOUR DIARY

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## TERM DATES:

**Half-Term:** *Monday 26th October - Friday 30th October 2020*

**Autumn Term Ends:** Friday 18th December 2020

**Spring Term Begins:** Tuesday 5th January 2021

**Half-Term:** *Monday 15th February - Friday 19th February 2021*

**Spring Term Ends:** Friday 26th March 2021

**Summer Term Begins:** Monday 12th April 2021

**Bank Holiday:** *Monday 3rd May 2021*

**Half-Term:** *Monday 31st May - Friday 4th June 2021*

**Summer Term Ends:** Friday 16th July 2021

## STAFF TRAINING DAYS:

Monday 4th January 2021

Monday 19th July 2021

Tuesday 20th July 2021

## SAVE THE DATES:

**Virtual Open Evening Launch** - Wednesday 30th September. Visit the school website for details.

**Year 7 Flu Vaccinations** - Thursday 8th October.

**Year 7 Tutor Evening** - Wednesday 14th October. Details of how this will take place will be sent out shortly.

**Year 11 Parents Evening** - Wednesday 21st October. Details of how this will take place will be sent out shortly.

## STAY CONNECTED!

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Please follow us on our social media platforms and download our school apps to receive all the latest news and updates from Lealands High School.



**Facebook** - Lealands High School Official



**Instagram** - @LealandsHigh



**Twitter** - @LealandsHigh



**MyEd** - Parent Communication App



**Epraise** - School Rewards System

**Apps available to download from the Google Play Store and Apple App Store.**

**\*\*IMPORTANT\*\*** Please advise us as soon as possible if you change your address, telephone number or email address. You can contact us by phone **01582 611600**, by email **admin@lealands.luton.sch.uk** or through the **MyEd** app. During the current restrictions, please do not attempt to come into the school without a pre-arranged appointment.

# VALUE OF THE MONTH

October 2020

**"Cooperation"**



*"Unity is strength. When there is teamwork and collaboration, wonderful things can be achieved."*

# GUIDANCE FOR VISITORS TO LEALANDS

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## Staying COVID-19 Secure in 2020.

At Lealands High School one of our core obligations is to ensure, so far as is reasonably practicable, the health, safety and welfare of employees and the safety of non-employees. We hold the prime responsibility for ensuring the safety of our students, first and foremost, but also, and as importantly, of staff and volunteers, parents and guardians, guests and visitors, contractors and delivery services.

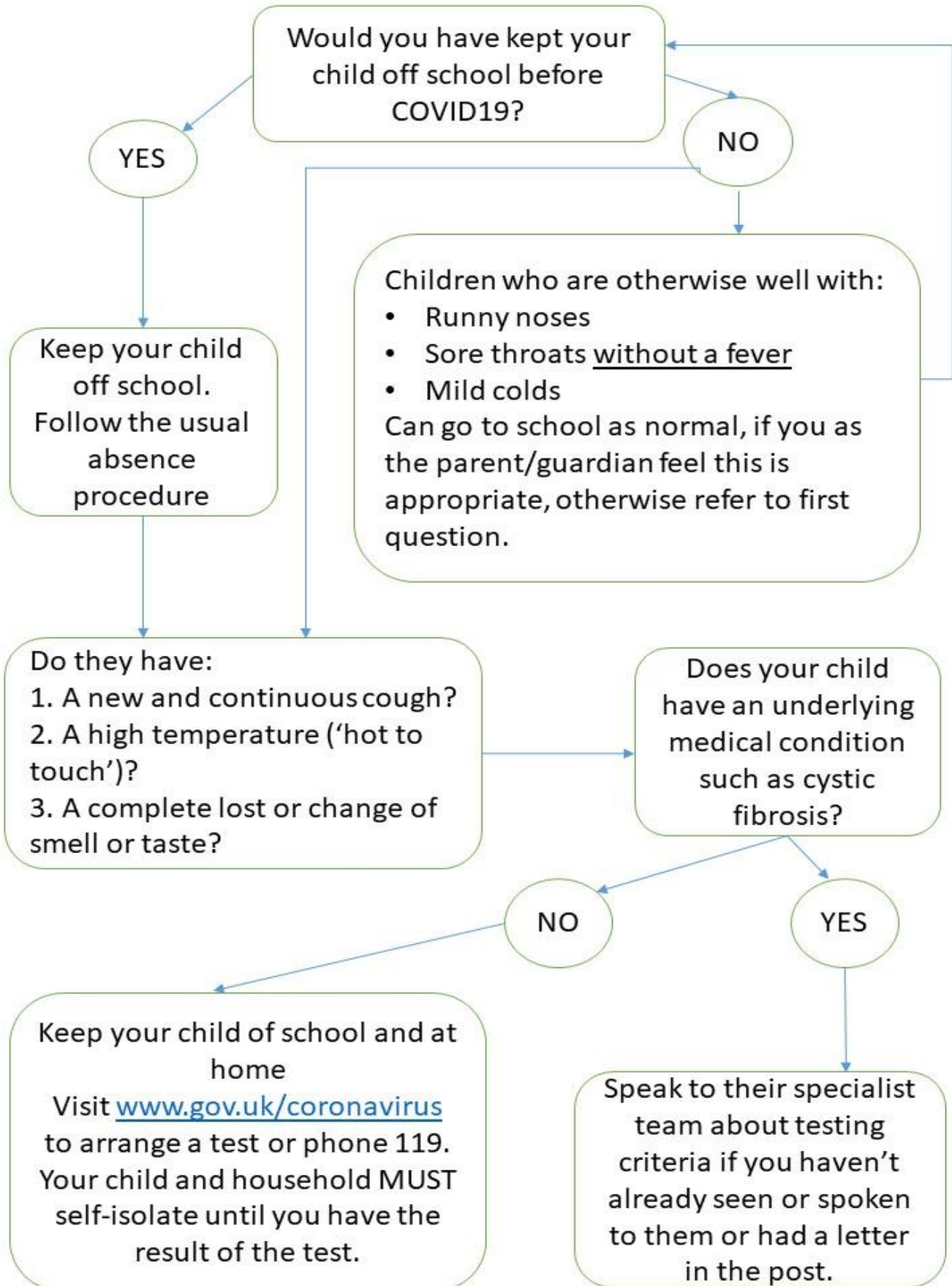
We have, therefore, implemented the following regulations to help ensure that we maintain a COVID-secure environment for all:

- If you or anyone in your household is displaying symptoms of COVID-19 or is currently residing in a locally 'locked down' area then you must not visit the School. Should symptoms develop during or after visiting the school, you must inform us immediately.
- Tours will only take place when students are in lessons in order to manage the risk of transmission and minimise cross-contamination.
- All visitors must sign in, using your own pen on arrival and supply your email address and phone number to enable visitors to be tracked and traced should the need arise.
- All visitors must also sign a disclaimer stating that they haven't visited any countries not included on the travel corridor list within the last 14 days and that they are not displaying symptoms of COVID-19.
- All visitors must follow current guidance relating to social distancing. Visitors may not enter classrooms which are used exclusively by separate year group 'bubbles'.
- Visitors may wear a face covering whilst on site, and must sanitise their hands on arrival. Hygiene and hand washing precautions should be followed at all times following the protocol for 'catch it, bin it, kill it'.
- Visitors will not be permitted to enter the school site without an appointment unless in an emergency. Where possible, meetings will take place via telephone or video conferencing.
- Visitors parking is not available on site, any visitors should make their own arrangements.
- We will record the areas which you may visit, together with the names of any people you speak to while on site. This is to support the track and trace system as far as we are able.

***The visitor protocol is subject to constant review***

# IS YOUR CHILD DISPLAYING SYMPTOMS OF A COLD OR COUGH?

The Local Authority has provided this flow chart to all schools which may be of help when making decisions as to whether your child is able to come into school or if they need to stay at home and arrange for a Covid-19 test.



# CHECK IF YOU OR YOUR CHILD HAS CORONAVIRUS SYMPTOMS

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For up to date information, visit:

[www.nhs.uk/conditions/coronavirus-covid-19/symptoms/](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/)

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result.

## Main symptoms

The main symptoms of coronavirus are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

## What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.
3. Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

# MEDICAL INFORMATION

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Lealands has a first aid trained, Medical Officer who is on hand throughout the school day to administer medical help if a student is unwell, injured or requires medication. If your child has a specific medical need, please ensure the school is informed and has all up to date information.

## MEDICINES IN SCHOOL

Prescription medicines **MUST** be supplied to the Medical Room in a container labelled by the pharmacist.

All other medicines must be provided in their **original** packaging.

All medicines held and dispensed by the Medical Room must have a parent's/carer's written consent.

Medication prescribed for 1 / 2 / 3 doses a day should not normally require administration during the school day, unless times are specifically stated by their GP. The medication should generally be taken at the following times:-

1) before school 2) on arrival home from school 3) before bedtime

### Asthma Inhalers

Inhalers for the relief of asthma must be immediately available and should be carried in school by pupils who use them. Please ensure the child's name is on the inhaler. A spare inhaler should be left in the Medical Room in case of emergency.

### Paracetamol

Paracetamol can only be given to students who have returned their permission slip. Tablets will only be given at break and lunch time unless the school has been informed the student suffers with migraine or is on the Medical List.

Students must not carry pain relief tablets. If students are caught carrying medication in school, the tablets will be confiscated and the Senior Leadership Team will be informed.

## 48 HOUR RULE

Could I please remind you that any child who has had diarrhoea and / or vomiting should be kept at home for 48 hours from the LAST episode of diarrhoea or vomiting.

This directive comes from the Health Protection Agency – Guidance of Infection Control in Schools and other Child Care Settings.

## ATTENDANCE – MEDICAL APPOINTMENTS

Whilst we realise that some of these are unavoidable, please try to book appointments outside school hours or during school holidays. If this is not possible, it is expected that

# MEDICAL INFORMATION

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students are only out of school for the actual appointment and are therefore able to attend before and/or after in order to allow minimum disruption to their lessons and attendance. Students should not be taking the whole day off school to attend appointments.

Where appointments are necessary in school hours, please ensure your child's absence is reported at least 48 hours before to Student Services together with the appropriate documents, e.g. an appointment card/letter to ensure the absence is authorised.

In the event of emergency appointments, can you please contact the school and report your child's absence and ensure supporting documentation is handed in when your child arrives late to school.

For longer appointments (ie London hospitals), please speak to Matron direct as a longer absence can be authorised in exceptional circumstances.

Parents/carers should be aware that if the school does not receive any official confirmation of a medical appointment during school time, their child will be given an unauthorised absence that will affect their attendance record. If attendance drops significantly as a result, cases will be referred to the Educational Welfare Officer for investigation.

Thank you in advance for your support and cooperation.

**Miss A Maczugowska, Matron & Attendance/Ms E Simpson, Education Welfare Officer**

## Introducing Our Education Welfare Officer

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To all parents of Year 7s and new students,

I am writing to introduce myself as the allocated Education Welfare Officer for Lealands High School. My name is Elaine Simpson and I can be contacted on 07769883139 – I am based at Lealands High School but I work for Luton Borough Council.

My job is to promote and enforce regular and punctual school attendance for all students. The evidence is clear, the more regularly students attend school the better the results they will achieve. I monitor all students' school attendance through regular register checks. School staff and I often meet with students and parents to resolve attendance concerns before they become too serious.

Year 7 can be a difficult time for some young people and the transition from primary to high school is a big step. Whilst schools work hard to make the transition as easy as possible, some young people still struggle. Should you be experiencing any difficulties in getting your child to school, I am here to help.

**Ms Simpson (Education Welfare Officer)**

# LEALANDS IS NOW CASHLESS

We would like to make you aware, that due to the Covid-19 pandemic, Lealands High School has taken the decision to go completely cashless. This decision has not been taken lightly. The health and safety of both staff and our students is paramount and is in line with other Luton schools who have taken the same decision.

All payments for purchases (for example, ties or school equipment) or contributions (for example, trips), will need to be paid via our online portal. You can access the portal via our website, by clicking on the £ sign, or via the Payments button on the MyED app.

If you require a 'Link Code' to set up online payments, you can contact **admin@lealands.luton.sch.uk**, who will issue you with a letter giving all the details that will allow you to access the payment screen.

Over the next week, all Year 7 students and any new starters will be issued with the same letter containing details of your child's individual access codes, plus instructions on how to log into the portal.

We are currently looking at ways to reintroduce school meals, which will mean that all school dinners must be paid for online – further information will follow in the near future but in the meantime students **MUST** bring in a packed lunch, unless they qualify for free school meals.

We thank you for your understanding on this matter.



# DUKE OF EDINBURGH AWARD

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Congratulations to Emmanuella and Tija who are the first students to achieve their Bronze Award this year. Sarah and Hannah are very close and just need one assessor's report! There are many others that are also within touching distance of completion...come on guys, give it one last effort and you'll reach your summit.

Congratulations to ex student Zoe Vassell who has just completed her Silver Award. Zoe started the award here at Lealands and we have been able to support her remotely since leaving.

It has been very difficult for the participants this year, not just because lots of their sections were disrupted by Covid, but also because we have no dates for the expedition section as yet. The expedition is always the highlight of the award and acts as a driver for students to complete the other sections.

I am hopeful that we will be able to take out our fantastic students sooner rather than later, as it really is a fantastic experience for staff as well as students.

We would also like to sign up our Year 9 students and have plans to do this, possibly at the turn of the year. Watch this space!

If anyone has any questions relating to the DofE please contact **Mr Payne**.



## PHYSICAL EDUCATION & SPORT AT LEALANDS

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It has been absolutely fantastic to see Lealands High School students once again taking part in physical activity and sport in curriculum PE lessons. Our main focus from the beginning of this academic year has been to plan safe but engaging activities which focus on improving students physical and mental well being allowing them to develop physical literacy through a range of activities including Health Related Fitness, Athletics, Softball, Rounders and Cricket. We have had a number of students ask about extracurricular activities for sport. At this present moment in time, we are awaiting further guidance for the running of extra curricular sports clubs and fixtures and as soon as we have further information relating to District, County and National level competitions we will of course inform all students and parents immediately.

# GCSE RESULTS 2020



The cohort of 2020 did not have the opportunity to sit their exams due to the Coronavirus pandemic. Instead, students' teachers submitted CAGs (Centre Assessed Grades) based on mock exams and students' work. We are very pleased how maturely our students dealt with the situation and continued to work to prepare themselves for next year and beyond. We knew that the 2020 cohort would be strong, and we are

pleased that the final GCSE grades reflect their ability and work ethic.

- 77% of students achieved grades 9-4 in one of their GCSE English qualifications.
- 51% of students achieved grades 9-5 in one of their GCSE English qualifications.
- 68% of students achieved grades 9-4 in GCSE mathematics.
- 46% of students achieved grades 9-5 in GCSE mathematics.
- 62% of students achieved grades 9-4 in both GCSE English and mathematics.
- 38% of students achieved grades 9-5 in both English and mathematics.
- 86% of students achieved grades 9-4 in computer science.
- 85% of students achieved grades 9-4 in both art and sociology.

Overall, 207 grade 9-7s were achieved by this year's students.

Special congratulations go to:

- Maria who achieved 8 grades 9s, including English, mathematics, biology, chemistry and physics.
- Franni who achieved five grade 9s and one grade 8.
- Ruwanmi who achieved 4 grade 9s, 3 grade 8s and a Level 2 Distinction\* in PE VCert.
- Rochelle, Maliha, Kim and Asher who all made exceptional progress.

Mr Burrridge, Headteacher, said "Our students continued to work extremely hard following the school closure this year and have worked exceptionally well throughout their time at the school. We are pleased that this exceptional year group has been rewarded appropriately. Our staff worked tirelessly with this cohort to improve on the school's previous outcomes and these results fairly acknowledge everyone's hard work and dedication. The process for awarding these grades has been thorough and robust meaning that students can be secure in the knowledge that they have the results they worked for and deserve. We are very proud of the class of 2020 and wish them every success in the future."

# INTRODUCING LEALANDS' HEAD GIRL & HEAD BOY

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We are delighted to introduce our Head Girl, Hannah and Head Boy, Osei. They will be supported by Deputy Head Girl, Suhaylah and Deputy Head Boy, Jack.

We would like to congratulate them on their appointments and wish them every success in their new roles.

(\*Due to the current Covid-19, this photo was taken at a social distance and Photoshopped.)

# WELCOME YEAR 7!



It seems as if it was just yesterday that Year 7 first entered the front gate to begin their Lealands journey but oh how time flies!

It has been an absolute pleasure to witness Year 7 settle back into school life and quickly accustom themselves with all of the measures put

in place to keep each other safe.

The past few weeks has seen Year 7 meet their tutors and fellow tutees and begin to immerse themselves in the rich curriculum on offer at Lealands. Both Miss Goodrum and I, along with staff, have been extremely impressed with the start Year 7 have made and look forward to the rest of their journey at Lealands over the next five years.

**Miss Seaton, Head of Year 7**



## Year 7 CLIME



**1<sup>st</sup> place 75RL with 2442 STEPS**

2<sup>nd</sup> place 71JK with 1595 STEPS

3<sup>rd</sup> place 76JD with 1590 STEPS

4<sup>th</sup> place 72KM with 1553 STEPS

5<sup>th</sup> place 74JJ with 1452 STEPS

6<sup>th</sup> place 78SD with 1427 STEPS

7<sup>th</sup> place 73ET with 1385 STEPS

8<sup>th</sup> place 77CB with 1239 STEPS



**Year 7 STEP points up to 28th September**



# FOOD TECHNOLOGY AT LEALANDS

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Welcome to all Year, 7, 8, 9 Food Technology students, who are in the Technology rotation this year.. We are really excited about the new style in the Food Room, Tech 4. The kitchens have been set up so that you have all your equipment in one place. It has been great to see the successes with the products made so far and your patience with weighing out your ingredients.



A gentle reminder to parents, if you could please pay your contribution as soon as possible, with a reminder to students that face masks are compulsory.

Please remember to bring a container and collect your products after Period 5.

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Welcome Hospitality & Catering Students who are also working hard to catch up on the 5 months learning lost and working to progress your skills and techniques.

There are some individuals provided for and others who will bring their ingredients in the morning.

Please be assured that we are trying to maintain Covid precautions and I am determined that all students will become more confident and capable with practicals and study habits to be successful at GCSE level.

**Mrs Berg-Merchant,  
Food Technology Teacher**

## TOP STEM HEADLINES

The UK Space Agency has announced investment in seven separate projects aimed at monitoring and tracking hazardous space debris.

China's leading diesel engine manufacturer has made a staggering four per cent efficiency gain in brake thermal efficiency.

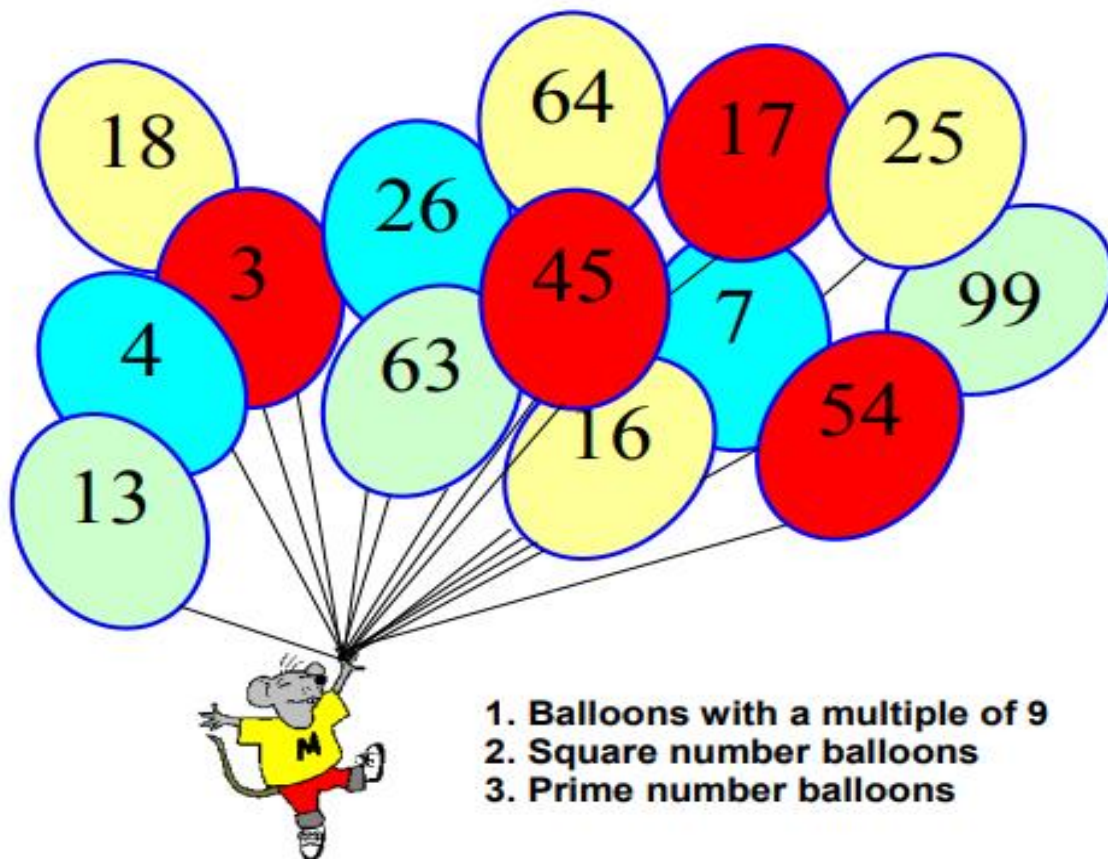
Shape-changing crystals could harness evaporation as a source of energy and aid the development of next generation actuators and artificial muscles.



### Puzzle time

#### Balloon bursting

If a number in one of the balloons is included in the answers to the four problems below then that balloon will fly away.



**WHICH BALLOON IS LEFT?**

## LAVA LAMP AT HOME EXPERIMENT

### Materials:

- A clean plastic bottle, try to use one with smooth sides
- water
- Vegetable Oil (or you could use Mineral or Baby Oil instead)
- Fizzing tablets (such as Alka Seltzer)
- Food Colouring

### Instructions:

- Fill the bottle up about 1/4th (1 quarter) with water.
- Pour the vegetable oil in the bottle until is almost full. You may want to use a measuring cup with a spout or a funnel. You may have to wait a couple of minutes for the oil and water to separate.
- Add a few drops of your favorite food colouring. Watch as the colour sinks through the oil. Did your drops of colour mix with the water immediately or float in between for a few minutes?
- Break your fizzy tablet in half and drop part of it into the bottle. Get ready ... here come the bubbly blobs!
- You can even get a flashlight, turn off the lights and drop in another half tablet. This time shine the flashlight through the lava lamp while the blobs are bubbling!



# STUDENT SUPPORT BUBBLE

We have 20 students from across different year groups in the SEN bubble. We have four rooms to incorporate a diverse range of subjects and activities each day. Each student continues to follow the national curriculum for maths, English, science and humanities, including zones of regulation, world skills and numerous practical activities. All of our work is available on the SEN Bubble Google Classroom so work can also be accessed from home.

Due to the current guidelines, support staff are unable to offer 1:1 support in a classroom setting. For SEN students who are in their year bubbles, support staff will be checking in regularly to ensure work is understood and being completed. There are options for students to be taken to a separate workspace within each bubble, to work in a smaller, more personalised environment with a member of the support team should the need arise.

Our new Year 7 students have settled well and are adapting to their new school life at Lealands. The whole department have been working together to learn new routines and practices, whilst following government guidance. It has been a pleasure working with enthusiastic, engaged students who are all pleased to be back in a school environment.

There will be a few changes to our bubble after half term. Some of our SEN students are thriving and are ready to return to their year group bubbles. Some students have found the larger year group bubbles more of a struggle and will be joining the smaller environment within the SEN team.

If you would like to discuss the individual needs of your child, please contact Ms Buxton, Assistant SENCO, through the school admin email or the main phone line.

## Ms Buxton and the Student Support Team

Individual Bubbles - Student Support						
Year 7	Year 8	Year 9	Year 10	Year 11	SEN	EAL
Miss Siddika	Mr Hide	Miss Degroot	Mrs Ptomoley	Miss Garbett	Ms Buxton Mrs Sanderson-Spuall Mrs Gordon Miss Hodge Mrs Seymour	Mrs Edwards Mrs Lalji

# ANTI-LITERACY WEEK 2020

When deciding what to have as our theme for this year's Literacy Week, we thought back to the reason why we promote literacy as a school, and what we constitute as a successful Literacy Week. Although this week is about celebrating literacy, and how it affects everyone, we deemed a good successful Literacy Week was one that involved everyone. Therefore, we decided this year's theme to be called Anti Literacy Week. It was catered for those students who think "oh, this week isn't for me, I'm not much of a reader" and we wanted to debunk all these stereotypes on what reading, or being a reader, is.

Every day of Anti Literacy Week focused on how reading could enrich your life, in ways out of education also. On Monday we focused on how reading helped your mental health. Reading helps relaxes you; it reduces stress and ensures you have a better night's sleep. To prove this point, students during tutor time took part in a meditation activity which was then compared to how you feel when reading also.

To help with the community spirit we also hosted a book swap which was still as popular as ever! Book Swaps are always so popular and seeing students talk about books and recommend them to one another, creating a buzz, is encouraging to see.



# ART – LEARNING FROM LOCKDOWN

Since the first cave paintings, humans have used art to try and understand life, to respond to the world around us, to reflect on events and emotions, to communicate ideas, to tell stories and educate.

With the current Covid pandemic still affecting our everyday lives, Year 9 Art students have been reflecting on their lockdown experience and will be using this as a starting point to develop their own pieces of art during this term. They were encouraged to reflect on: positives and negatives, new activities or hobbies, memories and surroundings and even food, music, or boxsets that they associate with the time.



*Making our mark 40,000 years ago - the invention of graffiti? first piece of graffiti*



*Creative responses produced by artists during lockdown*



Students have also been researching how artists have responded to the pandemic in very creative ways and how people have used creativity to fill time during lockdown, to express their emotions, to respond to the situation or to make a political or social point.

We are looking forward to sharing our student's creative outcomes with you in the next Newsletter!

**!Attention All Languages Students!**

*Don't just learn it...*

**ACTIVE LEARN** *it!*

**Students regularly logging on make excellent progress in French & Spanish!**

**Active  
Learn**

**You can too! See the MFL team for your log in details**

**[www.pearsonactivelearn.com/app/Home](http://www.pearsonactivelearn.com/app/Home)**

Letters have been given to students with all the information to access Active Learn. This information is also available on their Languages Google Classroom.

## GOOGLE CLASSROOM

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**PLEASE CAN ALL STUDENTS ENSURE THEY HAVE ACCEPTED THEIR INVITES TO GOOGLE CLASSROOM FROM ALL OF THEIR TEACHERS.**

## MESSAGE FROM MRS LEIGH, NUMERACY COORDINATOR

Hi everyone, hope you are all keeping safe and well.

I have recently been appointed as Numeracy Coordinator at Lealands High School and wanted to reach out to you and explain a little bit about numeracy and the importance of it.

Numeracy is the ability to use numbers and solve problems in real life. It means having the confidence and skill to use numbers and mathematical approaches in all aspects of life. It is as important as literacy. In fact, it is sometimes called 'mathematical literacy'. We use numeracy every day in all areas of our lives. Our confidence and ability with numbers impacts us financially, socially, and professionally. It even affects our health and wellbeing.



We see numeracy everywhere we look, at work you will likely need to manipulate numbers, from managing timecards, to working out if you have been paid the right amount of money. At home, if you were looking to bake a cake, then you would need to be using numeracy to ensure that you have used the correct quantity of ingredients, in the right proportion. Even when we are relaxing, we use numbers. If our students knew statistics could improve their performance in Fortnite, they may well find that highly interesting!

According to the research done in UK by National Numeracy, roughly 4 in 5 adults have a low level of numeracy. This, in turn is costing individuals, as it impacts their employability and is estimated to cost the nation over £20 billion a year!

As a school, we want our students to be successful in their future and I believe one of the ways we can do that is by making sure that they have good numeracy skills. Throughout this year, we will be working hard to improve numeracy across the school, and I will be keeping you updated with the progress we make.

While we are working on improving numeracy at school, you can help at home too. To give your child opportunities to improve their numeracy at home, here are few ideas you can try out:

- Encourage your child to explain to you what numeracy they have been doing in any subject at school and teach you how to do it.
- Compare 'best buys' or estimate the total for the weekly shopping.
- Discuss household finances such as bills, pay slips, etc.
- Play games which help practise numerical skills with your child or encourage them to play these with their friends. Games where scores have to be calculated such as Scrabble are a good example.

## MESSAGE FROM MRS LEIGH, NUMERACY COORDINATOR

- Scaling up recipes and working with measures.
- Estimating and accurately measuring lengths, areas, mass and capacity when shopping or helping with DIY.
- Reading timetables and working out timings when travelling.
- Practise multiplication tables and mental arithmetic.

There are many more things you can do to help improve their numeracy and if you have some good ideas, that worked well, please do share with us. In the meantime, here is a numeracy puzzle for you try at home.

### Numeracy @Lealands

There were some people on a train.  
19 people get off the train at the first stop. 17 people get on the train. Now there are 63 people on the train. How many people were on the train to begin with?

Answers for the puzzle can be found on page 27.

## #EVERYMINDMATTERS



Having good mental health helps us relax more, achieve more and enjoy our lives more. For expert advice and practical tips to help you look after your mental health and wellbeing visit:

<https://www.nhs.uk/oneyou/every-mind-matters/>

It has been a challenging year for all. Public Health England has recently released it's campaign **#everymindmatters** which has been developed to support the mental health and well-being of children and young people.

# PERFORMING ARTS STUDENTS OF THE WEEK

The Performing Arts Department would like to congratulate the following students for their fantastic work over the past couple of weeks. Well done and keep up the hard work!



Lealand's  
High School

## Performing Arts Students of the Week

	<i>Year 7</i>	<i>Year 8</i>	<i>Year 9</i>	<i>Year 10</i>	<i>Year 11</i>
<i>Drama</i>	Ismael Bousbaci	Rehana Ibrahim	Destiny Nevard	Parys Simms	Ayisha Moore
<i>Music</i>	George Smith	Rrezon Rama	Devon Brownie-Richards	Ronnie Perkins	Denisa Cabascu
<i>Dance</i>	Georgiana Raduc	Enki Selmani		Anaya Richards	Lacey Simms
<i>Media</i>			Amy Comfort		Rejonte Dolan



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## Performing Arts Students of the Week

	<i>Year 7</i>	<i>Year 8</i>	<i>Year 9</i>	<i>Year 10</i>	<i>Year 11</i>
<i>Drama</i>	Harry Pillar	Muhammed Hussain	Kayla Cox	Abigail Gray	Amy Mandayaya
<i>Music</i>	Natasha Thompson	Adam Qarni	Kayla Williams	Harry Kyere	Hannah Jeans
<i>Dance</i>	Myles Williamson	Shaun Mangodza-Larter		Tavon Gilman	Rebecca Ridley
<i>Media</i>					Kamariah Griffith

# STEM NUMERACY QUESTION – ANSWER

Have you had a go at the Numeracy Balloon Bursting question on page 16? If so, check here if you got it right!

## Balloon bursting - answer.

### 1. Balloons with a multiple of 9

As you know the digits of a multiple of 9 add up to 9 so that takes away 18, 45, 54, 63 and 99

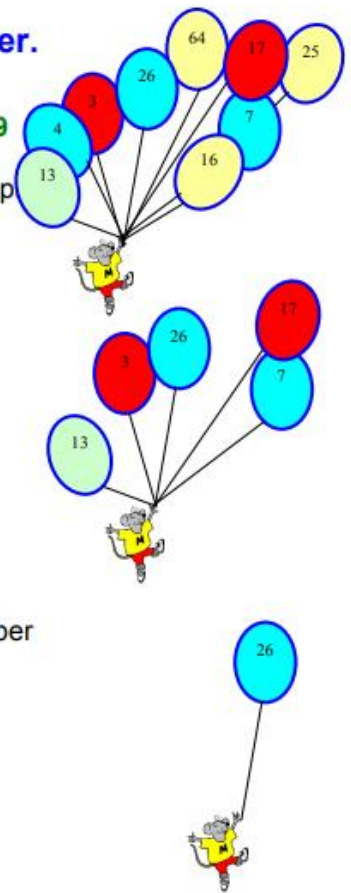
### 2. Square number balloons

The square numbers are:  
4, 16, 25 and 64

### 2. Prime number balloons

A prime number is a whole number with only two factors.  
The prime numbers are:  
3, 7, 13, and 17

That leaves just 26.



## NUMERACY@LEALANDS – ANSWER

Solution: **Numeracy question on page 25**

Calculating the answer is simpler than it seems:

19 people getting off the train can be represented by -19, and 17 people getting on the train as +17.

$-19 + 17 = -2$ , meaning that there was a net loss of two people.

If there are 63 people on the train now, that means there were 65 to begin with.



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