

# Lealands News

School Newsletter | October 2018



*In this issue....*



Lealands  
High School

*...Notices, News & Updates, Clubs,  
Expedition Day, GCSE Results,  
Welcome Year 7, STEM...*

*...Plus much more*

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@Lealandshighschool



@LealandsHigh

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# *Introduction from Headteacher Mr Burridge*



Dear Parent/Carer,

It has been a wonderful start to the new academic year. Our new Year 7 students spent their first week learning all about our values and expectations as well as getting to know staff and other students. They were recently visited in their lessons by the Headteachers from Pirton Hill Primary, Leagrave Primary, Sundon Park Juniors and Cheynes Infant School. Some of the other local Primary Heads are visiting later this term. The students were very surprised and excited to see them and the Heads were impressed by how well they had settled and how hard they were working in lessons.

At the end of last year we launched our new core values of Excellence, Respect and Responsibility as well as our mission statement 'Supporting everyone to climb the mountain to success'. These are becoming increasingly embedded drivers for success within school and students returned to giant banners reminding them of these values in our Atrium. We have also made a number of upgrades and improvements for students with room redecorations, a new astro turf surface and new picnic benches. Our catering supplier has changed this year and, although there have been some teething problems, we are working hard with the company to sort these out and they have been very responsive so far to suggestions from staff and students. Many students are enjoying the increased variety of food available, but others are missing old favourites.

We have continued our focus on excellence this term, responding to some concerns raised in last year's survey about behaviour. Our 'defiance ladder' and behaviour systems have been reinforced and communicated repeatedly to students so they have no excuse for not knowing the consequences for poor or unacceptable behaviour. Staff have been re-trained so that our rules and expectations are applied as consistently as possible. As a result, we have had an excellent start to the term with fantastic behaviour for learning. This starts at the school gate where uniform is checked each morning. Please support us by ensuring that your child follows the school rules for uniform, equipment and punctuality, as a good positive start to the day is so important and helps to avoid unnecessary difficulties.

We have a significant number of new staff this year and I am very pleased to say that they have made an excellent start with us. I wrote about recruitment difficulties last

# *Introduction from Headteacher Mr Burridge*

year and so it is fantastic that we have been able to fully staff the school with specialist teachers. Science and maths are particularly difficult areas for recruitment, but we have been able to attract some fantastic teachers and these areas are now fully staffed strong departments with our own specialists to the benefit of all our students.

Our priorities for the coming year are improving outcomes further and ensuring that behaviour for learning is excellent. There will be more information about how we plan to do this with a change to our assessment and reporting system coming to you soon.

I would like to finish by thanking you for your continued support for the school and I look forward to seeing and meeting many of you at the numerous school events taking place over the coming months. We are particularly looking forward to our Presentation Evening in October, where we will be celebrating the many successes of our ex-Year 11 students alongside the excellence demonstrated by students in other year groups.

**John Burridge**

**Headteacher**

## *Dates For Your Diary*

**Prospective Parents' Open Evening** - Wednesday 3rd October 2018

**Annual Presentation Evening** - Wednesday 10th October 2018

**Year 7 Tutor Evening** - Wednesday 17th October 2018

**Year 11 Parents' Evening** - Thursday 1st November 2018

**Year 8 Parents' Evening** - Wednesday 7th November 2018

**Year 9 Blue Peris Trip** - Sunday 18th November - Saturday 24th November 2018

**Year 10 Parents' Evening** - Wednesday 28th November 2018

**Christmas Concert** - Thursday 13th December 2018

### **Term Dates**

**Autumn Term:** Tuesday 4th September 2018 - Friday 21st December 2018

**Half-Term:** Monday 22nd October 2018 - Monday 29th October 2018

**Staff Training Day** - Monday 29th October 2018

*Full term dates for 2018 -2019 are available to download from our website*

***[www.lealands.luton.sch.uk/termdates](http://www.lealands.luton.sch.uk/termdates)***



# VALUE OF THE MONTH

**October 2018**

**“Responsibility”**



**“You cannot evade the responsibility of tomorrow by evading it today.” Abraham Lincoln**

# £ £ £ Online Payments

Don't forget you can pay online using the '**Parents' Payment**' link which now appears as a **£** sign on the slideshow of our website: [www.lealands.luton.sch.uk](http://www.lealands.luton.sch.uk).

If you do not have a link code to login, please contact the school Finance Office on **01582 611600**. The following is currently available for payment online:

Contributions	Events, Trips and Visits	Other
Year 7 and 8 Technology Year 9 Technology Year 10 Technology	Blue Peris Nov 2018 Duke of Edinburgh Morocco Engineering Day City University	Music Lessons School Ties

The school also prefers for all school meals to be paid for online. This gives you the flexibility to top up your child's account at home using a debit or credit card rather than having to use cash or cheque.

Further details and an online payments instruction manual can be found on our website: [www.lealands.luton.sch.uk](http://www.lealands.luton.sch.uk) under the '**Parents' Information**' section.

## **IMPORTANT NOTICE:**

***Please can we remind parents and carers that the school is unable to provide change to students for the catering cash terminals.***

***Wherever possible, please can you ensure you provide your child with the correct change before they come to school. Ideally all payments should be made online and we discourage strongly students from bringing cash into school.***

## **School Ties**

School ties can be purchased for £6.00 using our online payments system. Once paid for, they will be available for your child to collect from the school's Finance Office.

# *School Reception Opening Hours*

**The school reception is open between the hours of 8am and 4pm Monday to Friday.**

We have an answerphone service that will be checked each morning. If you are waiting to collect a student after school please ensure these arrangements are set in advance as they will need to wait outside of the school gate for collection.

To ensure students' safety, we politely ask that parents do not park in the visitors parking area unless previously agreed due to safety/mobility reasons.

Students are not allowed to wait in the school reception before or after school hours due to the variety of visitors that may be in the area at any time. Again, please ensure collection times are arranged in advance for outside of the school's main gates.

Thank you for your cooperation,

**Mrs Goslin, School Business Manager**

## *Important Contact Information*

Please can we remind you that it is extremely important that we have up to date contact information for all students. If there are any changes to a student's address, parental contact telephone numbers or email addresses, please can you inform Mrs Lawes in the Finance Office as soon as possible on **01582 611600** or email **[admin@lealands.luton.sch.uk](mailto:admin@lealands.luton.sch.uk)**

We may need to contact home at short notice, plus, important information is sent home via these methods and if contact details are incorrect, unfortunately, important information may not get passed on.

## *Parking Congestion*



There can be a lot of congestion at the start and end of the school day, causing safety issues to pedestrians, residents and other drivers.

We understand that it can be difficult to find safe parking near the school, especially at peak times, but please endeavour to park and drive considerately and with due regard for the safety of others. Your support on this matter is much appreciated.

# Have You Downloaded Our Parent App Yet?

We recently launched a fantastic new way to communicate and share information with you. We want you to feel as much a part of your child's education as possible. With the increased use of smart phone technology we want to make best use of it.

My Ed is the free parent app that gives you a multitude of communication and information features to stay in touch with what is going on at Lealands. The app gives you direct access to your child's attendance, timetable, absence records, achievements and much, much more. You will also see that we update and change the information in the app as the school year moves along.

We are able to send you messages directly to the My Ed app relating to important information about your child's education and to remind you of events that are taking place at school.

You will receive a notification if we send you a message and there is no charge for the messages you send to us.

The My Ed app is available now for both Apple iOS and Android devices and can be found on either the Apple App Store or on Google Play by searching for My Ed.

Step 1 - Go to your App Store

Step 2 - Search for My Ed

Step 3 - Download the Free app

Once you have installed and opened My Ed, search for Lealands High School and follow the simple instructions to identify yourself.

We hope you enjoy using the app and find it a useful source of information. If you have any questions or concern, please feel free to contact us.

**Thank you**

**MY Ed** **FREE Download**

**Step 1:** Go to your app store

**Step 2:** Search for My Ed

**Step 3:** Download the app

SCAN ME

[www.myedschoolapp.com](http://www.myedschoolapp.com)



# #Follow Lealands On Social Media

## Don't Forget To Follow Lealands High School on Facebook and Twitter.

Lealands' social media pages were introduced a couple of years ago and have successfully grown in followers over that period. They continue to be an excellent resource to engage with our community; sharing positive news stories, achievements, information, updates and photographs.

Our Facebook page can be found at [www.facebook.com/lealandshighschool](http://www.facebook.com/lealandshighschool) and our Twitter handle is **@LealandsHigh**.

**Lealands PE Department has just launched its own Twitter account. Follow the account @LealandsPE for information about the PE curriculum, extra-curricular activities, resources, fixtures, results and updates.**

We would encourage parents and students to 'Like' our Facebook page and 'Follow' us on Twitter. We will use them as a tool for communication; sometimes sending urgent alerts at short notice such as school closures due to snow.

For our pages to continue to run successfully, we require the support of all users. We ask that the pages are not used to voice any concerns or grievances. If an occasion does arise during your child's time at Lealands where you wish to make a complaint, or raise a concern, you are advised to follow the school's complaints procedure which can be found on the 'School Policies' page of our website. We recommend that all parents and carers refrain from using our social networking sites to discuss sensitive issues about the school.

Posts which are deemed to be unsuitable for our pages will be deleted, the perpetrators may be blocked and where necessary appropriate action will be taken.

We thank you for your continued support and hope you find our pages helpful and informative.



# Medical Information and Absences

## GUIDELINES FOR VISITS TO THE MEDICAL ROOM

- Our trained Medical Officer can administer minor first aid and will contact parents/ medical services for more serious cases.
- All accidents and visits to the medical room are recorded and monitored.
- All visits should be made during break/lunch time, unless it is an emergency.
- Any student attending the medical room during lesson time **without** a red lanyard or their learning diary being signed by a teacher, will be sent back to class.
- If a student is causing a real concern or is in distress, a visit to the medical room is at the teacher's discretion.
- It is very important to ensure that we do not dehydrate. Students should ensure they bring a bottle of water with them to school – this can be refilled at the water fountains. Students will not be permitted to leave lessons to visit the medical room to get a drink.
- **Any fizzy drinks or energy drinks WILL BE CONFISCATED.**
- Students should not be leaving lesson to use the toilet unless it is an emergency or they have been issued with a toilet pass due to a medical issue. Please speak to Matron if you have any concerns.

## MEDICINES IN SCHOOL

Prescription medicines **MUST** be supplied to the Medical Room in a container labelled by the pharmacist.

All other medicines must be provided in their **original** packaging.

All medicines held and dispensed by the Medical Room must have a parent's/carer's written consent.

Medication prescribed for 1 / 2 / 3 doses a day should not normally require administration during the school day, unless times are specifically stated by their GP. The medication should generally be taken at the following times:-

- 1) before school
- 2) on arrival home from school
- 3) before bedtime

## **Asthma Inhalers**

Inhalers for the relief of asthma must be immediately available and should be carried in school by pupils who use them. Please ensure the child's name is on the inhaler. A spare inhaler should be left in the Medical Room in case of emergency.

# Medical Information and Absences

## **Paracetamol**

Paracetamol can only be given to students who have returned their permission slip.

Tablets will only be given at break, lunch time and at change of lesson unless the school has been informed the student suffers with migraine or is on the Medical List.

Students must not carry pain relief tablets. If students are caught carrying medication in school, the tablets will be confiscated and the Senior Leadership Team will be informed.

## **48 HOUR RULE**

Could I please remind you that any child who has had diarrhoea and / or vomiting should be kept at home for 48 hours from the LAST episode of diarrhoea or vomiting.

This directive comes from the Health Protection Agency – Guidance of Infection Control in Schools and other Child Care Settings.

## **ATTENDANCE – MEDICAL APPOINTMENTS**

Whilst we realise that some of these are unavoidable, please try to book appointments outside school hours or during school holidays. If this is not possible, it is expected that students are only out of school for the actual appointment and are therefore able to attend before and/or after in order to allow minimum disruption to their lessons and attendance. Students should not be taking the whole day off school to attend appointments.

Where appointments are necessary in school hours, please ensure your child's absence is reported at least 48 hours before to Student Services together with the appropriate documents, e.g. an appointment card/letter to ensure the absence is authorised.

In the event of emergency appointments, can you please contact the school and report your child's absence and ensure supporting documentation is handed in when your child arrives late to school.

For longer appointments (ie London hospitals), please speak to Matron direct as a longer absence can be authorised in exceptional circumstances.

Parents/carers should be aware that if the school does not receive any official confirmation of a medical appointment during school time, their child will be given an unauthorised absence that will affect their attendance record. If attendance drops significantly as a result, cases will be referred to the Educational Welfare Officer for investigation.

Thank you in advance for your support and cooperation.

**Miss A Maczugowska /Ms E Simpson**

**Matron & Attendance/Education Welfare Officer**

# Extra-Curricular Clubs & Activities

Category	Activity	When	Contact	Location or Room
Art	Key Stage 4 GCSE Art: Portfolio Progress	Tuesday PM	Ms Reason	Art 1
		Wednesday PM	Ms Reason Mrs Hale	Art 1/2
English	Public Speaking Club (Years 7-10)	Thursday Lunch	Miss Boreham	E7
Humanities	History Reading Club (Year 7)	Wednesday Lunch	Mr Quail-Larsen	Vo2
	GCSE Geography Drop-In (Year 10)	Wednesday PM	Mr Davis	Hum 4
Homework	Homework Club	Tuesday PM Wednesday PM Thursday PM	Learning Support	LRC
Languages	Language Leaders Year 8	Tuesday PM	Mr Marie	MFL 2
	Languages Club Year 7	Tuesday PM	Mrs Maldonado Mr Gomez Mr Marie	MFL 3
	Chess Club - Years 7-10	Wednesday Lunch	Mr Taplin	Vo1
	Languages Homework Club	Wednesday PM	Mr McCracken	MFL 2
	Year 11 Languages Help Club	Tuesday Lunch Thursday Lunch	MFL Staff	MFL 2
Maths	Maths Club	Monday Lunch	Mrs Jones	Maths 7
Performing Arts	Year 11 Dance: Aim Higher	Monday Lunch	Miss Heaslip	Dance Studio
	Music Tech Club	Monday Lunch	Mr Knight	PA
	Year 11 Dance: Aim Higher	Tuesday Lunch	Mrs Heaslip	Dance Studio
	Drama Club (Years 7 and 8)	Tuesday Lunch	Mrs Woolmer-Brennan	Drama Studio
	Lealands Dance Company	Tuesday PM	Miss Heaslip	Dance Studio
	Dance Club	Wednesday Lunch	Miss Heaslip	Dance Studio
	Music Tech Club		Mr Knight	PA4
	Peter Pan Rehearsals	Wednesday PM	All PA Staff	Main Hall
	Year 11 Music: Aim Higher	Thursday Lunch	Mrs Shipp	PA4
	Year 11 Drama: Aim Higher		Mrs Woolmer-Brennan	
	Band	Thursday PM	Mrs Shipp	PA3
	Woodwind Ensemble	Friday Break		PR1
	Year 11 Dance: Aim Higher	Friday Lunch	Miss Heaslip	Dance Studio
Sing Out	Friday Lunch	Mrs Shipp	PA4	
Science	Science Club (Years 7 and 8) <i>*Starts 1st week in October*</i>	Wednesday PM	Miss Tomlinson	Science



# Extra-Curricular Clubs & Activities

Category	Activity	When	Contact	Location or Room
PE & Sports	Year 7 Basketball	Monday Lunch	Miss Hambleton	PE
	Year 7 Table Tennis		Mr Welch	
	Girls' Netball Training	Tuesday PM	All PE Staff	
	Gymnastics		Mrs Hyland	
	Year 10 & 11 Boys Basketball Training		Mr Pearson	
	Year 7 & 8 Boys Rugby		Mr Welch Mr O'Neill	
	Year 9 and 10 Basketball		Wednesday Lunch	
	Year 9 and 10 Table Tennis	Mr Purdy Mr Pearson		
	Girls' Netball Fixtures	Wednesday PM	Miss Wilkinson Mrs Hyland Miss Keefe	
	Girls' Basketball Training		Miss Hambleton Miss Johnson	
	Boys' Football Training		Mr Purdy Mr O'Neill Mr Didlick	
	Girls' Basketball Fixtures	Thursday PM	Miss Hambleton Miss Johnson	
	Girls' Football Training		Miss Keefe Miss Forshaw	
	Year 7, 8 & 9 Boys' Basketball Training		Mr Pearson Mr O'Neill	
	Year 8 Basketball	Friday Lunch	Mrs Hyland Miss Forshaw	
	Year 8 Table Tennis		Mr Purdy	
	Fitness Friday	Friday PM	PE	
Duke of Edinburgh	Duke of Edinburgh Awards	When requested	Mr Payne Mr Morris	

## *Meet The Governors...*



The governors and I would like to wish you a warm welcome back to this academic year. My name is Mr Davis and I am the Staff Governor on our school's governing body. After being a student at Lealands myself, I really wanted to give something back to the school and the community. Lealands invested in me as a student and also has invested in me recently in terms of my career. I became a governor because I strongly believe in every young person receiving the highest standard of education and every student climbing their mountain to success.

I look forward to seeing you throughout the year at the school's various events and wish you all the best this year.

**Mr Davis**

**Staff Governor**

## *Meet Our Head Boy & Head Girl*

We are pleased to introduce our new Head Boy, Nitin and Head Girl, Nicole.

They will be supported in their roles by Deputy Head Boy, Kanu and Deputy Head Girl, Jayleigh.

They are excellent representatives for our school and we wish them every success in their roles this year.



This year saw the introduction of the more rigorous and challenging GCSEs (9-1) in most subjects. There are a number of pleasing results for both departments and students. Highlights include:

- 72% of students achieved grades 9-4 in one of her GCSE English qualifications.
- 56% of students achieved grades 9-5 in one of their GCSE English qualifications.
- 61% of students achieved grades 9-4 in GCSE mathematics.
- 57% of students achieved grades 9-4 in both GCSE English and mathematics.
- 30% of students achieved grades 9-5 in both English and mathematics.
- 100% of students achieved a pass in BTEC dance.
- 52% of students achieved a grade 9-7 in chemistry.
- 100% of students achieved a 9-4 in chemistry, biology, and physics.

Overall, 21 grade 9s were achieved by this year's students. Particular congratulations to Washim Patwary Begum, who achieved 5 grade 9s and 3 grade 8s and Charlie Nelson, who achieved 5 grade 9s.

Mr Burridge, Headteacher, said 'Our students are a credit to the school. They have worked exceptionally hard this year and thoroughly deserve their many successes.

They will be missed tremendously for all they have contributed over the last five years. Myself and the staff at Lealands wish them every success in the future.'





Help your child to succeed - Speak to them about GCSE Pod.

## Why use GCSEPod?



### It's convenient and effective

The Pods are designed especially for mobile devices but can be watched on any computer, smart phone or tablet. Even better, they can be downloaded so your child can watch them online or offline. Wherever they go, GCSEPod goes with them. It's like they're carrying a whole world of knowledge and revision in their pockets.

An expert reads and explains everything clearly and precisely with all the right facts, quotes, keywords, dates and annotated diagrams on screen.

Your child won't need to use GCSEPod for long before they feel the impact. Consistent use in just 10 minute chunks is proven to support achievement right up to A\*.

### It will help your child get organised

Your child can create personal pod playlists to listen to in the run-up to an exam, to help with homework or even to listen to on the go to help consolidate learning.

The viewing history feature enables your child to return to pods they found useful. There's also a favourite playlist – which helps to go over topic areas they may be finding difficult.

Pre-set exam playlists, available in the My GCSEs area are neatly organised meaning your child can manage revision quickly and easily whilst prioritising their time.



### It can be as discreet (or loud) as you are

Your child can listen to GCSEPod anywhere and everywhere and because it looks like they're listening to music, no one needs to know they're actually swotting up.

Your child can may want to show off just how much work they've been doing or even recommend a pod to a friend, to do this they can use the social networking links on the site to connect with others.

Let's keep in touch!



Telephone: 0191 2111 999  
Email: support@gcsepod.com



## Quick Start Guide

### What is it?

- One website, Apple & Android app, over 4,000 audio-visual podcasts
- Content produced specifically for mobile devices, tablets and PCs
- Designed to squeeze exactly the right knowledge needed for exam success into short 3-5 minutes chunks
- Helps with learning, homework and revision

### How does your child get it?

Your child has already been registered by the school and simply needs to activate their account. To help your child activate their account follow these simple steps:

- 1) Go to [www.gcsepod.com](http://www.gcsepod.com) and click "login".
- 2) Click NEW HERE? GET STARTED. Select "Pupil"
- 3) Enter your child's name, date of birth and type in the name of their school. Your school should appear in a dropdown list. Click on the school in this list to confirm it.\*
- 4) Select a username, password, and a password hint to help you remember the password.

\*If you're having trouble finding the school, double check that you've entered the correct date of birth and full name as it appears on the school's register.

Some schools are known by a shorter version of their name, but make sure you're typing the full, official school name.



### Key Features

#### Playlists

Create a new playlist, give it a name, add some podcasts and save. Watch the playlist online to brush up on your knowledge or download it and take it out and about with you on your device.

#### My GCSEs

Keep organised by viewing a list of all your child's exams in subject or date order. View an exam playlist to see all the podcasts relevant to that exam, select the areas your child finds tricky and download to watch together.

#### Assignments

View homework set by your child's teacher. Your child should watch the pods selected and complete questions to help test their knowledge.

#### Downloads

Android/Blackberry/Windows users can download to a computer first or straight to their device. Apple & Blackberry users can download the GCSEPod app from the app store.

Let's keep in touch!



Telephone: 0191 2111 999

Email: [support@gcsepod.com](mailto:support@gcsepod.com)

For more information, please contact Mr Cullum at the school.

# Pastoral Update - CLIMB

Dear Parents/Carers/Students,

We are now well under way with a fresh academic year and it has been an extremely positive start so far, with hundreds of achievement points issued for positive behaviour. I would like to make a special mention of Year 7, who have made a particularly strong start under the guidance of Ms. Wilkinson (Head of Year) and Ms. Naureen (Pastoral Support Manager).

As you are all aware, we have a new vision and values this year and with that comes some updates to the Pastoral Systems in the school. Please see highlights below:

**1.) CLIMB initiative** - an easy to remember mnemonic of 5 key expectations (please see the flier, opposite for further information). This encompasses the Student Code of Conduct.

**2.) Defiance Ladder** - in order to maintain a calm and positive attitude to learning around the school, we are continuing with a defiance system to challenge extreme and disruptive behaviour. It was trialed at the end of last term and will continue into this year. As a result, students not following our normal behaviour ladder and systems will come under the Defiance Ladder, which results in 5 periods of isolation with a potential for further more serious sanctions if there is no improvement. Feedback from both students and staff has been positive, with a significantly improved focus on learning across the school. I would like to thank all students, parents and staff for their cooperation and efforts in supporting our continued stance against disruptive and extreme behaviour.

**3.) Revised Rewards Systems** - to promote positive behaviour and celebrate success. We are very keen to reward our students and this year there is an emphasis on working as part of a team, rather than as individuals. As a result, a Conduct Point Cup has been introduced where the winning Tutor Group from each Year Group per half term will be invited to a Rewards Afternoon under the direction of their Head of Year/Pastoral Support Manager. A Student of the Week will also be selected from each Year Group each week, who will receive a pass to jump the Dinner Hall queue with a friend for 1 week. Our Student Certificate of Appreciation Scheme also continues this year, to recognise those students who demonstrate our values of **Excellence, Responsibility** and **Respect**. There will be further updates to our Rewards Systems throughout the year.

Thank you and let's make this year our best yet!

**Mr Harris**

**Assistant Headteacher (Pastoral).**



**Lealands**  
High School

***Excellence***  
***Responsibility***  
***Respect***

At Lealands we **CLIMB** the mountain to success

- C** ***Contribute*** positively to school life
- L** ***Listen*** when others are speaking
- I** ***Ignore*** distractions to learning
- M** ***Maximise*** our efforts at all times
- B** ***Build*** on successes and learn from failures



# Expedition Day

On Tuesday 17th July, we officially launched our new school vision. The whole school took part in a series of activities on the school field and much fun was had by all.

This really was a whole school success with all departments taking part and running events. We had welly wanging, top bin challenge, treasure hunt, basketball challenge, cup stacking, bean bag scramble scrabble, cardboard box mountain build, arty darts and ball games.

In the centre of the field was a giant obstacle course, which proved to be incredibly popular with staff and students alike. A huge water slide and our very own inflatable Everest ensured everyone had a great time. We were also lucky enough to have Last Man Standing. This is an automated game where participants have to jump over a padded beam which rotates faster and faster. Contestants are eliminated as they fall and the winner is, yes you've guessed it, the last man standing.

We were supported in the delivery of this event by our partners: FPM Facility Services Ltd, Weedwise Ltd, Heattreat Ltd, Access Security Ltd, Mitie and iSK8 Cool Attractions.





# Expedition Day





# Experience Day 2018

On Wednesday, 18th July 2018, we held our annual Experience Day for all our students. The aim of this day is to provide students with an opportunity to: learn; develop new skills; try something new; visit somewhere they haven't been before and have a memorable, enjoyable experience outside of our normal curriculum.

The trips available this year included; Wicksteed Park, Chessington World of Adventures, Thorpe Park, Box End Aqua Park, Southend On Sea, Whipsnade Zoo and Duxford Imperial War Museum.

Students and staff out on the trips had a great time in fantastic sunshine and thoroughly enjoyed their experiences.



The PE Department are delighted to welcome 4 new members of staff: Mr Welch (Director of Sport), Miss Johnson (Teacher of PE and Science), Mr Purdy (Teacher of PE and Maths) and Mr Dummett (Teacher of PE and Head of Year 11). It is an exciting time for Physical Education and Lealands High School, as we strive to educate our students in the importance of leading a healthy, active lifestyle; developing their physical literacy, whilst providing them many opportunities to take part, compete and represent the school in many sporting activities.

We encourage all students to participate in our wide range of opportunities and to continue to excel no matter what level of participation they become involved with. All students are welcome to attend all of our extra-curricular clubs during lunch times and after school. For a full list of extra-curricular sporting activities, please refer to the extra-curricular timetable on page 13.



We are also very excited about the launch of our Twitter Page. Please follow @LealandsPE for news regarding fixture results, sporting successes, clubs and GCSE revision techniques.

## *Music Instrumental Exam Successes*

Congratulations to the following students who achieved success in their music instrumental exams in the summer examination series:

### **ABRSM Grade 2 - Violin**

- Sarah Kevan, Year9 - Pass
- William Henderson, Year 9 - Pass
- Alice Nurse, Year 9 - Merit
- Melissa Brako, Year 7 - Merit
- Eliabeth Akora, Year 7 - Merit

### **Trinity College London - Piano Initial Exam**

- Emma Griffiths, Year 7 - Merit
- Ngoni Mandeya, Year 7 - Merit

### **Trinity College London - Piano Grade 1**

- Evelyn Herbert, Year 8 - Merit





# Summer School 2018

During the first week of the summer holidays, we welcomed some of our newest students to Lealands. They had been invited to help them make the transition from Primary School to High School.

Participants had the opportunity to participate in numerous PE activities and benefit from access to our fantastic facilities. They were also able to conduct some exciting science experiments and they took part in teambuilding challenges. They were given access to the superb equipment in our Resistant Materials Department to make a lasting memento of the Summer School.

All the students that took part really enjoyed the week and were very well behaved throughout.

A big thank you to all the Student Leaders that gave up some of their own holiday to help make the Summer School so successful.



## **My Time at Summer School, By Daniel, Summer School Leader, Year 10**

My name is Daniel and I am now in Year 10. I was a helper at the 2018 Lealands Summer School. This was my third year of helping out and from a leader's point of view, it was really nice to see so many children make new friends. Every year we hold one of these Summer Schools and this is to help the children to meet new friends and learn some of the rules, but mostly to have fun and get used to their new surroundings.

There were four classes and these included:

- PE
- Team building
- Technology - Resistant Materials
- Science

These classes lasted for an hour and in between a break took place. In tech, the students





all made a trophy that they could take home with them. In team building, the students all learnt how to work as a team. One of the activities was capture the flag. All the students liked this activity as it required teamwork and it was fun. In PE, students took part in many activities like dodgeball, basketball, rounders and trampolining. Finally, in science the students made a parachute that got dropped out of the top floor with an egg inside. The winner would be the one whose egg did not break.



In my opinion, Summer School is a great idea for the students who are coming into high school to meet new people. It was really fun helping students progress through the week and to see them have fun.

## **My Time at Summer School 2018, By Isabelle, Year 7**

### **Monday**

On the first day of Summer School, I was in group 3. This meant we started with Mr Ward doing wood work. He explained what to do and gave us ideas. We played fun games and made mind maps of ideas like, Minecraft, best Mum, best brother and more.

After that, we went outside with Mr Morris. We had to get from one side of the 'lake' to the other. There was a tribe and I got shot by a 'dart' which meant I had to pretend to be blind and couldn't talk. We made it, after a while!

Then, we went to do sports. We played a game based on rounders. I won one game, I got eleven runs. I was very tired!

After that, we made parachutes to put eggs in. We had to drop them from a height and hope they didn't break. My egg survived and it wasn't the only one. I was very proud. Monday was an awesome day.

# Summer School 2018

## Tuesday

On the second day, we started with Mr Ward again and finished off our mind maps. We were then able to draw our designs on our wood. Mr Ward told us that if the wood got wet it would fall apart.

When time was up, we went and did problem solving. We had guttering and three balls. The first was a ping pong ball; the second was a golf ball and last but not least, a pool ball. We had to put the guttering together to try and get the balls from one point to another. We made it with all 3!

After that, we went to play basketball. I think the best person at basketball was Chelsea. I really enjoyed it.

The last thing we did that day was science. We had to make colours out of chemicals. We made purple, blue, green, yellow, orange and red. Then we went home. I found it great fun.



## Wednesday

On Wednesday, again we went with Mr Ward and we played more fun games. Then we went with Mr Morris and played capture the flag. We won two games and the last one was a draw.

After lunch, we did dodgeball and I was almost the last one standing!

In the three days, I made some really good friends, including: Emily, Charlie, Liam, Pavit, Chelsea, Blessing and Destiny.

I had a great time at Lealands' Summer School!



# College & Sixth Form Open Days

College	Date	Time	Campus
Oaklands	Tuesday 13th November 2018	17.30 - 19.00	Welwyn Garden City
	Saturday 17th November	10.00 - 14.00	St Albans
Cardinal Newman	Wednesday 21st November 2018	17.00 - 20.00	Cardinal Newman Catholic School
Barnfield College	Saturday 3rd November 2018	10.00 - 14.00	
	Tuesday 22nd January 2019	17.00 - 19.30	
	Thursday 14th March 2019	17.00 - 19.30	
	Tuesday 30th April	17.00 - 19.30	
Central Beds College	Thursday 8th November 2018	16.00 - 19.00	Dunstable
	Thursday 24th January 2019	16.00 - 19.00	Dunstable/Leighton Buzzard
	Thursday 21st March 2019	16.00 - 19.00	Dunstable/Leighton Buzzard
	Thursday 20th June 2019	16.00 - 19.00	Dunstable/Leighton Buzzard
Luton 6th Form College	Tuesday 8th January 2019	17.30 - 20.00	Luton 6th Form College
	Wednesday 16th January 2019	17.30 - 20.00	Luton 6th Form College
	Wednesday 24th January 2019	17.30 - 20.00	Luton 6th Form College
Bedford 6th form college	Thursday 8th November 2018	17.00 - 19.30	Bedford 6th form College
	Wednesday 23rd January 2019	17.00 - 19.30	Bedford 6th form College
	Tuesday 2nd April 2019	17.00 - 19.30	Bedford 6th form College
Shuttleworth	Saturday 3rd November 2018	09.30 - 12.00	Shuttleworth
	Saturday 26th January 2019	09.30 - 12.00	Shuttleworth
	Saturday 9th March 2019	09.30 - 12.00	Shuttleworth
Bedford college	Thursday 1st November 2018	17.00 - 19.30	Bedford College
	Tuesday 22nd January 2019	17.00 - 19.30	Bedford College
	Wednesday 13th March 2019	17.00 - 19.30	Bedford College
Redborne Upper School	Thursday 11th October 2018	17.00 - 20.00	Amphill
Harlington Upper School	Wednesday 10th October 2018	18.00 - 20.00	Harlington
Manshead Academy	Thursday 15th November 2018		Caddington
Milton Keynes College	Saturday 10th November 2018	10.00 - 13.00	Chaffron Way Campus
	Thursday 15th November 2018	17.30 - 20.00	Chaffron Way Campus
	Saturday 26th January 2019	10.00 - 13.00	Chaffron Way Campus
	Tuesday 19th March 2019	17.30 - 20.00	Chaffron Way Campus
	Tuesday 14th May 2019	17.30 - 20.00	Chaffron Way Campus
	Saturday 10th November 2018	10.00 - 13.00	Bletchley Campus
	Tuesday 20th November 2018	17.30 - 20.00	Bletchley Campus
	Saturday 26th January 2019	10.00 - 13.00	Bletchley Campus
	Tuesday 19th March 2019	17.30 - 20.00	Bletchley Campus
	Tuesday 14th May 2019	17.30 - 20.00	Bletchley Campus
St Georges High School	Friday 5th October 2018	18.00 - 20.30	Harpending



# Welcome Year 7

Tuesday 4th September, a new beginning at Lealands High School; class of 2022 were about to embark upon their 5 year journey. After an early start and plenty of planning and organising, Lealands was ready to welcome our new Year 7s.

Greeting students at the door was a really enjoyable start to the day, I heard lots of students saying 'Hello Miss Wilkinson'. I was relieved to hear that students had remembered my name! I could see a few faces looking slightly nervous and apprehensive but also lots of happy and excited faces.

The day began with an assembly which got us all thinking about how important a first impression is and what we can do to create the best one for ourselves in this new start. Students were eager in assembly and ready to contribute and

discuss how they were going to make that positive impact straight away. I could not believe how smart the year group looked in their new uniform; they looked so much more grown up than when I visited them in their primary schools a few months ago. I must admit, I did get a sense of pride looking at them as they sat in anticipation for their very first day of Year 7.

The day consisted of lots of tutor time, where students were able to become more familiar with their tutor and fellow tutees. Students got to know the school better by going on a tour led by our Year 11 student leaders, checking their new timetables on the way. Lots of icebreaker activities also helped students to start to find out lots about their new tutor group.

After a well earned lunch, they went merrily on to their workshops where learning began. Students were given lots of information about our expectations for teaching and learning and also behaviour here at Lealands. By the end of the day, I watched them leave, along with all the other students in the school and was delighted to see extremely large smiles and an exciting buzz as students left.

Since then, Year 7 have been learning that if they cannot do something, either at school or in life, it is something that they cannot do just yet, but hard work will help them achieve it in the



# Welcome Year 7



future. They have all worked so hard to show our three core values – Excellence, Respect and Responsibility and many achievement points have been collected because of this. Congratulations to 77MB who have won the first conduct cup, with a staggering 200 conduct points. A special mention must go to Kayla Maginn, 72AE, for having the most conduct points at the end of Week 2 as an individual (28). Well done!



It has only been a couple of weeks, but I feel confident that I no longer see nervous or scared faces; these have been replaced by enthusiastic and cheerful faces. I am very pleased to see that Year 7 have settled in well to life here at Lealands. I look forward to getting to know them a lot better over

the next year. Keep up the good work Year 7 and well done for making such a positive start.

## **Miss L. Wilkinson, Head of Year 7**

On my first day of school, I wasn't nervous because I knew I would come across as a confident person. I made good friends and I am still making more friends now. After my first 2 weeks, I am very familiar with the school layout, teachers and pupils in my year.

## **By Demi, Year 7**

When I came into school on the first day, I wasn't too worried about finding friends as I had met them on Transition Day, but I was more nervous about getting around the school and what might happen if I was late to my lessons. The homework is quite new, because you get a lot of different teachers who give you different things to do. Now its the third week and I know my way around the whole school and haven't been late to too many lessons. The homework isn't too bad if you stay on top of it, and the teachers are nice.

## **By Curtis, Year 7**



# Our New Caterers

In September, Lealands' catering services were taken over by Alliance In Partnership (AIP).

Over the summer, they were busy working with Lealands to put into place new branding, menus and meal deals ready for the new term.

The lunch menus are on a 3 week rotating basis. **See pages 31, 32 & 33 for the current menus. They can also be viewed and downloaded from our website.**



## Year 9 University of Bedfordshire Trip

On Wednesday 11th July, we visited the University of Bedfordshire. We looked at the type of skills which an employer may look for in an interview. For example, we attempted an 'Escape the Room' course. This involved interpreting each other's communication and social skills as well as working as a team.

In addition, there was a market place where different employers, such as TUI gave us information about that type of employment.

To conclude, this was a very informative trip. We got lots of advice about apprenticeships and university for our future education and career choices.



By Sarah, current Year 10.



# Current Lunch Menus - Week 1



## MENU - WEEK ONE

### MONDAY

<b>MAIN MEALS:</b>	Beef Meatballs with Tomato Sauce and Pasta Bombay Potato Bake	<b>JACKET POTATO:</b>	with various fillings
		<b>GUEST DISH:</b>	Beef Meatball Sub
<b>VEG/SIDES:</b>	Cauliflower Green Beans	<b>DESSERT:</b>	Chocolate Orange Mousse

### TUESDAY

<b>MAIN MEALS:</b>	Chicken Korma with Rice Pasta Primavera	<b>JACKET POTATO:</b>	with various fillings
		<b>GUEST DISH:</b>	Filled Naan
<b>VEG/SIDES:</b>	Broccoli Carrots	<b>DESSERT:</b>	Fruit Jelly

### WEDNESDAY

<b>MAIN MEALS:</b>	Beef Nacho Bake with Mexican Rice Vegetable Biryani	<b>JACKET POTATO:</b>	with various fillings
		<b>GUEST DISH:</b>	Popcorn Chicken with Crispy Potato Pot
<b>VEG/SIDES:</b>	Sweetcorn Peas	<b>DESSERT:</b>	Fruit Crumble with Custard

### THURSDAY

<b>MAIN MEALS:</b>	Roast Chicken with Roast Potatoes and Gravy Vegan Sausage with Roast Potatoes and Gravy	<b>JACKET POTATO:</b>	with various fillings
		<b>GUEST DISH:</b>	Hot Baguette
<b>VEG/SIDES:</b>	Carrots Cabbage	<b>DESSERT:</b>	Fruit Flapjack

### FRIDAY

<b>MAIN MEALS:</b>	Fish Fingers and Chips Veggie Samosa with Chips and Curry Sauce	<b>JACKET POTATO:</b>	with various fillings
		<b>GUEST DISH:</b>	Curry Rice Pot
<b>VEG/SIDES:</b>	Peas Baked Beans	<b>DESSERT:</b>	Banana Muffin

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

**ALLERGY INFORMATION AVAILABLE ON REQUEST.**

# Current Lunch Menus - Week 2



## MENU - WEEK TWO

### MONDAY

<b>MAIN MEALS:</b>	Thai Chicken Curry with Coconut Rice Frittata with Crispy Diced Potatoes	<b>JACKET POTATO:</b>	with various fillings
<b>VEG/SIDES:</b>	Sweetcorn Green Beans	<b>GUEST DISH:</b>	Chilli and Rice Pot
		<b>DESSERT:</b>	Banoffee Pot

### TUESDAY

<b>MAIN MEALS:</b>	Beef Sausages with Mashed Potatoes and Gravy Vegan Sausages with Mashed Potatoes and Gravy	<b>JACKET POTATO:</b>	with various fillings
<b>VEG/SIDES:</b>	Carrots Curly Kale and Peas	<b>GUEST DISH:</b>	Cheese Burger
		<b>DESSERT:</b>	Chocolate and Pear Cake with Custard

### WEDNESDAY

<b>MAIN MEALS:</b>	Beef Lasagne Baked Chimichanga	<b>JACKET POTATO:</b>	with various fillings
<b>VEG/SIDES:</b>	Broccoli Cauliflower	<b>GUEST DISH:</b>	Wrap
		<b>DESSERT:</b>	St Clements Custard Pot

### THURSDAY

<b>MAIN MEALS:</b>	Roast Chicken with Roast Potatoes and Gravy Vegetable Wellington with Roast Potatoes and Gravy	<b>JACKET POTATO:</b>	with various fillings
<b>VEG/SIDES:</b>	Carrots Parsnips	<b>GUEST DISH:</b>	Hot Baguette
		<b>DESSERT:</b>	Iced Carrot Cake Cookie

### FRIDAY

<b>MAIN MEALS:</b>	Jumbo Fish Finger with Wedges 5 Bean Chilli Nachos with Wedges	<b>JACKET POTATO:</b>	with various fillings
<b>VEG/SIDES:</b>	Sweetcorn BBQ Baked Beans	<b>GUEST DISH:</b>	Loaded Wedges
		<b>DESSERT:</b>	Fruit Shortbread

AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.

ALLERGY INFORMATION AVAILABLE ON REQUEST.

# Current Lunch Menus - Week 3



## MENU - WEEK THREE

### MONDAY

**MAIN MEALS:** Crispy Chicken with Wedges  
Veggie Burger with Wedges

**JACKET POTATO:** with various fillings

**VEG/SIDES:** Carrots  
Green Beans

**GUEST DISH:** Chicken Flatbread

**DESSERT:** Apple Custard Crunch

### TUESDAY

**MAIN MEALS:** Chunky Beef Pie with Mashed Potatoes  
Quiche with Parsley Potatoes

**JACKET POTATO:** with various fillings

**VEG/SIDES:** Broccoli  
Cauliflower

**GUEST DISH:** BLT Brioche

**DESSERT:** Fruit Jelly

### WEDNESDAY

**MAIN MEALS:** Chilli Con Carne with Rice  
Macaroni Cheese

**JACKET POTATO:** with various fillings

**VEG/SIDES:** Sweetcorn  
Green Beans

**GUEST DISH:** Cheese and Tomato  
Pasta Pot

**DESSERT:** Chocolate Raspberry  
Crunch with Pink Custard

### THURSDAY

**MAIN MEALS:** Roast Chicken with Mashed Potatoes and  
Gravy  
Black Bean Stir Fry with Noodles

**JACKET POTATO:** with various fillings

**VEG/SIDES:** Carrots  
Swede

**GUEST DISH:** Curry Pot

**DESSERT:** Apple Cookie

### FRIDAY

**MAIN MEALS:** Salmon and Sweet Potato Fishcake  
with Chips  
Spring Roll with Sweet Chilli Sauce and  
Chips

**JACKET POTATO:** with various fillings

**VEG/SIDES:** Peas and Sweetcorn  
Baked Beans

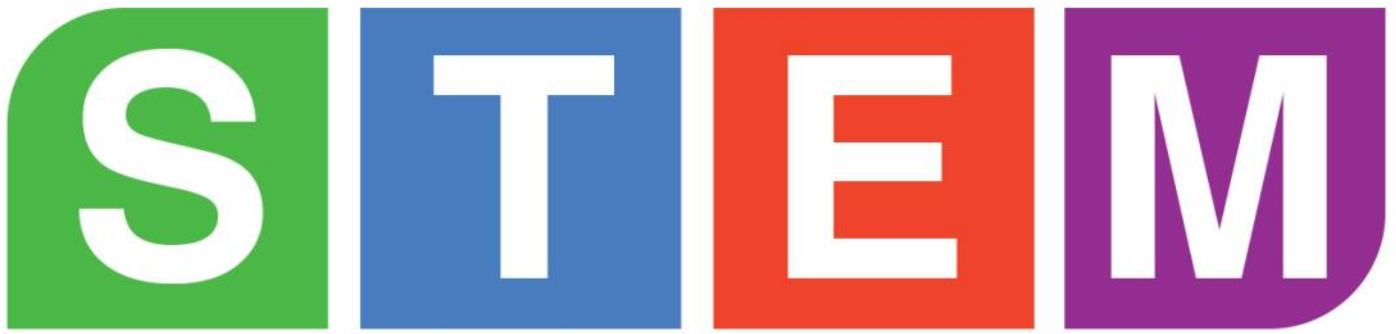
**GUEST DISH:** Posh Dog

**DESSERT:** Sticky Toffee Pudding  
with Custard

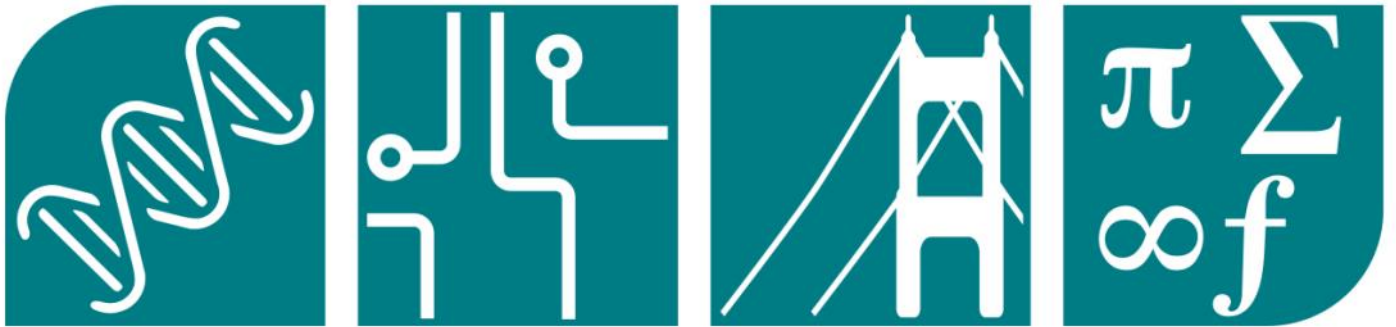
**AVAILABLE DAILY:** ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS,  
A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.

**ALLERGY INFORMATION AVAILABLE ON REQUEST.**





**Science • Technology • Engineering • Math**



## What is STEM?

Science, Technology, Engineering and Mathematics (STEM), is a term used to group together these academic subjects. During the course of this academic year there will be opportunities to attend STEM related trips, gain STEM awards, attend STEM clubs, workshops and talks.

## Upcoming STEM dates

4th - 10th October - World Space week

## STEM fun fact

The longest cells in the human body are the motor neurons. They can be up to 4.5 feet (1.37 meters) long and run from the lower spinal cord to the big toe.

## Most Recent STEM Trip

### The Big Bang Fair

The Big Bang Fair is a combination of exciting theatre shows, interactive workshops and exhibits and careers information from STEM professionals. On Thursday 5th July 2018, Miss Griffiths and I took 14 year 7 students to the local fair held at the University of Hertfordshire, which was a fantastic location for the event. Before we arrived the students had to plan which workshops, activities and exhibits they wanted to visit during the day. The Students got involved in a magnitude of activities, including; making their own paper, changing tyres on an F1 car, resuscitating a mannequin, bandaging toy animals, making rockets and the lists goes on. All in all it was a day where the students were able to live and breathe STEM and an opportunity to see where it could take them in the future.



**Miss Cole, STEM coordinator**





# Facilities For Hire

From £8.00 Per Hour



Lealands  
High School

Swimming Pool, Sports Hall, Dance/Activity Studios, 3G Astro, Netball/Tennis Courts, Community Function Rooms, Fitness Suite and School Hall.

For more details, visit: [www.lealands.luton.sch.uk/facilities](http://www.lealands.luton.sch.uk/facilities)



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\*Our party facilities are available as a venue only. Children will be the responsibility of accompanying adults. Any food required is the responsibility of the party host.