

Lealands News

School Newsletter | December 2018



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PARENT APP!**

PICK UP IMPORTANT MESSAGES AND
INFORMATION REGARDING YOUR CHILD
INSTANTLY!

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In this issue....



**...Notices, News & Updates,
Trips, Sports Results, Blue Peris,
Presentation Evening...**

...Plus much more

Lealands High School, Sundon Park, Luton, LU3 3AL.

Tel: 01582 611600 Email: admin@lealands.luton.sch.uk

Find us on 

www.lealands.luton.sch.uk

 [@LealandsHigh](https://twitter.com/LealandsHigh)

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Introduction from Headteacher Mr Burridge



Dear Parents/Carers,

We have had a fantastic term at Lealands with so many wonderful developments. I am extremely pleased with how our new vision and core values are becoming fully embedded across the school. These are now linking closely with the assessment and marking system through journey questions and summit ranges. Our CLIMB approach is also having a significant impact on attitudes to learning throughout the school.

Our staff have been working really hard, this year, to instill our core values of respect, responsibility and excellence and many students have been rewarded for their immense contributions to school life. We have also continued to clarify our high expectations for all students and seen great strides forwards with this.

I am really pleased with how STEM has been developing at Lealands with lots of opportunities for students to find out more about how science, technology, maths and engineering contribute to modern life as well as the many career opportunities in these areas. I have also been extremely proud of the many sporting competitions that our students have won - we really are a force to be reckoned with at Lealands! We always aim to give our students the most rounded education and opportunities possible and so it was a real delight to attend the recent Christmas Concert with some amazing singing and dancing to enjoy.

We have brought in many excellent new staff from September who have contributed greatly to the school already and helped us to develop further. We are all really looking forward to the mountains we can climb together in the future.

It has been a very long and productive term and I know we are all ready for a rest and well deserved Christmas break. I wish you and your family peace and joy this Christmas on behalf of all the staff and governors at Lealands High School.

John Burridge
Headteacher

Dates For Your Diary



**School will close on Friday 21st December at 12.30pm
for the Christmas period.**



Christmas Lunch: Wednesday 19th December 2018

Autumn Term Ends: Friday 21st December 2018 at 12.30pm

Staff Training Day: Monday 7th January 2019

Spring Term Begins: Tuesday 8th January 2019

Year 9 Parents Evening: Wednesday 16th January 2019

Lealands' Careers Fair: Thursday 24th January 2019

Year 11 Parents Evening: Wednesday 30th January 2019

Year 10 Work Experience Begins: Monday 4th February 2019

Year 7 Parents Evening: Wednesday 6th February 2019

Peter Pan Production: Wednesday 13th February 2019 - Friday 15th February 2019

Term Dates

Spring Term: Tuesday 8th January 2019 - Friday 5th April 2019

Half-Term: Monday 18th February 2019 - Friday 22nd February 2019

*Full term dates for 2018 -2019 are available to download from our website **www.lealands.luton.sch.uk/termdates***

VALUE OF THE MONTH

December 2018

"Resilience"



**"I am not what happened to me,
I am what I choose to become."**

Carl Gustav Jung



£ £ £ Online Payments

Don't forget you can pay online using the '**Parents' Payment**' link which now appears as a **£** sign on the slideshow of our website: www.lealands.luton.sch.uk.

If you do not have a link code to login, please contact the school Finance Office on **01582 611600**. The following is currently available for payment online:

Contributions	Events, Trips and Visits	Other
Year 7 and 8 Technology Year 9 Technology Year 10 Technology	Battlefields Duke of Edinburgh Morocco Noughts & Crosses Netball Tour	Music Lessons School Ties Revision Guides

The school also prefers for all school meals to be paid for online. This gives you the flexibility to top up your child's account at home using a debit or credit card rather than having to use cash or cheque.

Further details and an online payments instruction manual can be found on our website: www.lealands.luton.sch.uk under the '**Parents' Information**' section.

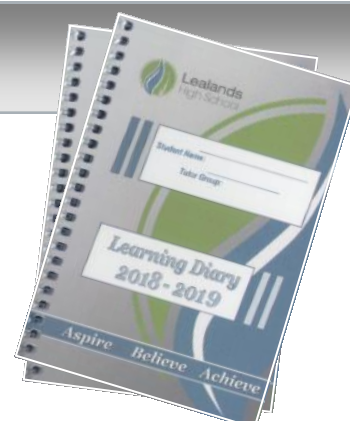
NO CHANGE GIVEN!

Please can we remind parents and carers that the school is unable to provide change to students for the catering cash terminals.

Wherever possible, please can you ensure you provide your child with the correct change before they come to school. Ideally all payments should be made online and we discourage strongly students from bringing cash into school.

Learning Diaries

If your child loses their Learning Diary, they will need to purchase a new one from the school's Finance Office at a cost of £2.50.



Important Contact Information

It is extremely important that we have up to date contact information for all students. We may need to contact home at short notice, plus, important information is sent home via these methods and if contact details are incorrect, unfortunately, important information may not get passed on.

If there are any changes to a student's address, parental contact telephone numbers or email addresses, etc. please can you inform Mrs Lawes in the School Office as soon as possible on **01582 611600** or email **admin@lealands.luton.sch.uk**. Many thanks for your support.

School Reception

The school reception is open between the hours of 8am and 4pm Monday to Friday.

If you need to contact the school outside of these hours, or the reception line is busy when you call, we do have an answerphone service. Alternatively, you can email your query to **admin@lealands.luton.sch.uk**, or message us through our Parent App. These are checked regularly during school hours and your message will be passed to the relevant member of staff/department and dealt with as soon as possible.

Collecting Students

If you are waiting to collect a student after school please ensure these arrangements are set in advance as they will need to wait outside of the school gate for collection.

To ensure students' safety, we politely ask that parents do not park in the visitors' parking area unless previously agreed due to safety/mobility reasons.

Students are not allowed to wait in the school reception before or after school hours due to the variety of visitors that may be in the area at any time. Again, please ensure collection times are arranged in advance for outside of the school's main gates.

There can be a lot of congestion at the start and end of the school day, causing safety issues to pedestrians, residents and other drivers.

We understand that it can be difficult to find safe parking near the school, especially at peak times, but please endeavour to park and drive considerately and with due regard for the safety of others. Your support on this matter is much appreciated.

#Follow Lealands On Social Media

Our Facebook page can be found at **www.facebook.com/lealandshighschool** and our Twitter handle is **@LealandsHigh**.

We would encourage parents and students to 'Like' our Facebook page and 'Follow' us on Twitter as we will use them as a tool for communication; sometimes sending urgent alerts at short notice such as school closures due to snow.

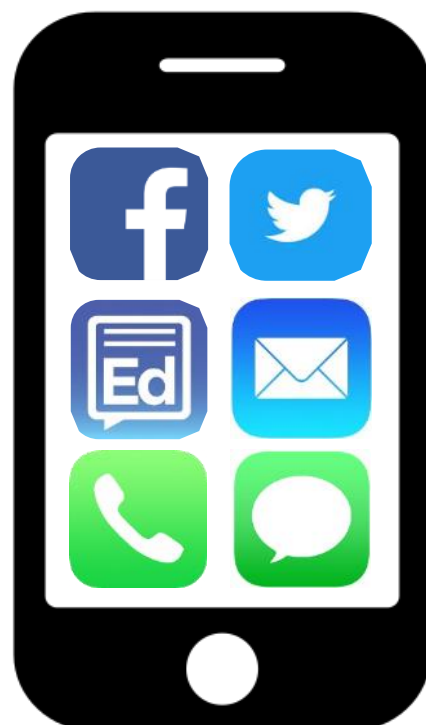
For our pages to continue to run successfully, we require the support of all users. We ask that the pages are not used to voice any concerns or grievances. If an occasion does arise during your child's time at Lealands where you wish to make a complaint, or raise a concern, you are advised to follow the school's complaints procedure which can be found on the 'School Policies' page of our website. We recommend that all parents and carers refrain from using our social networking sites to discuss sensitive issues about the school.

Posts which are deemed to be unsuitable for our pages will be deleted, the perpetrators may be blocked and where necessary appropriate action will be taken.

We thank you for your continued support and hope you find our pages helpful and informative.

Lealands' PE Department Is On Twitter

Lealands PE Department has launched its own Twitter account. Follow the account @LealandsPE for information about the PE curriculum, extra-curricular activities, resources, fixtures, results and updates.



Have You Downloaded Our Parent App?

We recently launched a fantastic new way to communicate and share information with you. We want you to feel as much a part of your child's education as possible. With the increased use of smart phone technology we want to make best use of it.

MY Ed **FREE Download**

Step 1: Go to your app store

Step 2: Search for **My Ed**

Step 3: Download the app


SCAN ME

www.myedschoolapp.com

My Ed is the free parent app that gives you a multitude of communication and information features to stay in touch with what is going on at Lealands. The app gives you direct access to your child's attendance, timetable, absence records, achievements and much, much more. You will also see that we update and change the information in the app as the school year moves along.

We are able to send you messages directly to the My Ed app relating to important information about your child's education and to remind you of events that are taking place at school.

You will receive a notification if we send you a message and there is no charge for the messages you send to us.

The My Ed app is available now for both Apple iOS and Android devices and can be found on either the Apple App Store or on Google Play by searching for My Ed.

Step 1 - Go to your App Store

Step 2 - Search for My Ed

Step 3 - Download the Free app

Once you have installed and opened My Ed, search for Lealands High School and follow the simple instructions to identify yourself.

We hope you enjoy using the app and find it a useful source of information. If you have any questions or concern, please feel free to contact us.

Thank you

Sports Results

Our school sports teams have enjoyed some fantastic results this half-term. All of the students representing Lealands have fully demonstrated our core values of excellence, responsibility and respect whilst taking part. We are very proud of their character and determination throughout. Well done to all!

31st October	Year 9	Netball v Chalk Hills	Won 13 - 6
1st November	U16	Girls Basketball v Icknield	Won 23 - 18
2nd November	Year 7	Girls 5 a side Football Tournament	Runners Up - Full report on page 12
6th November	Year 8	Football v Bedford Academy	Won 7 - 0
8th November	Year 9 & 10	Luton Girls Swimming Gala	Winners
8th November	Year 7 & 8	Luton Girls Swimming Gala	Runners Up
8th November	Year 9 & 10	Luton Boys Swimming Gala	Runners Up
12th November	Year 8	Football v Icknield	Lost 4 - 0
13th November	Year 7	Netball v Challney Girls	Won 7 - 3
13th November	U16	Boys Basketball v Cardinal Newman	Won 58 - 24
14th November	Year 7	Girls Basketball v Lea Manor	Won 22 - 0
14th November	Year 9	Netball v Cardinal Newman	Lost 13 - 2
14th November	U16	Netball v Cardinal Newman	Won 12 - 9
15th November	U16	Girls Basketball v Cardinal Newman	Won 46 - 4
20th November	Year 7	Rugby v Icknield	Won 10 - 0
21st November	Year 7	Girls Sports Hall Athletics	Winners
21st November	Year 8	Girls Sports Hall Athletics	Runners Ups
21st November	Year 7	Boys Sports Hall Athletics	5th Place
21st November	Year 8	Boys Sports Hall Athletics	7th Place
21st November	Year 7	Netball v Icknield	Won 10 - 0
21st November	Year 8	Netball v Icknield	Won 10 - 1
21st November	Year 7	Boys Basketball v Icknield	Won 16 - 4
21st November	Year 9	Boys Basketball v Icknield	Won 54 - 2
22nd November	Year 7	Girls Basketball v Chalk Hills	Won 22 - 8
22nd November	Year 8	Girls Basketball v Chalk Hills	Won 36 - 18
22nd November	Year 7	Rugby v Stopsley	Lost 15 - 0
23rd November	Year 10	Football v Castle Newnham	Won 5 - 3

Sports Results

Year 9 Netball



Year 9 Basketball



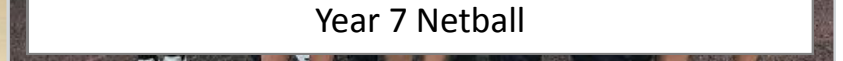
Year 8 Basketball



Year 7 Basketball



Year 7 Netball



Year 7 Rugby



Year 7 Girls Football Tournament

Group stages:

1. Lealands 4 - 1 Stopsley – Goal scorers Lara (2) Azariah (2)
2. Lealands 5 - 4 Chiltern – Goal scorers Chantae (2) Freya (2) Azariah (1)
3. Lealands 4 - 3 Stockwood Park – Goal scorers Freya (2) Lara (2)

Semi- final:

Lealands 3 - 2 Denbigh – Goal scorers Chantae (1) Lara (1) Freya (1)

Final:

Lealands 3 - 5 Stockwood Park – Goal scorers Lara (3)



My Match Report - By Lara, Year 7 (Striker)

Team: Freya, Wiktoria, Chijioke, Lara, Chantae, Azariah, Hiba, Shianne, Emily, Tamara.

We all played phenomenally, scoring at least 3 goals per game. At first we were slightly disappointed when we lost the final against a team we had previously beaten, but we kept our heads up high and realised, yes we came to win, but in the end we came so far and we had a great time. We don't need medals to know how amazing we are at football!

Azariah: She played everywhere, from defence to up front; scoring many goals throughout the tournament. Well done!

Chantae: She had rarely played football for a team, but came along anyway, scoring some great goals. Well done!

Shianne: Like Chantae, Shianne had rarely ever played football, but played in defence, making

Year 7 Girls Football Tournament

Wiktorja's job a bit easier. Amazing gameplay!

Wiktorja: She played in goal, a position she was not comfortable in, but she did an amazing job of stopping the goals. Well done!

Emily: Emily was a great team player, who helped the other striker by making sure they would have no defenders on them. Well done Emily!

Tamara: She started off as an unbeatable defender, but Wiktorja picked up an injury, so she stepped up and became our temporary goalie. We were very grateful and she stopped many goals. Great team play!

Chijioke: She is a defender that the other teams were scared to face, making the tackles needed to get the ball up to me. Well done!

Lara (Me): I was up front and scored many goals, but without the team, I would not have scored any. Thanks team!

Hiba: She was everywhere, helping the defence and then going up to help the strikers. Well done Hiba!

Freya: Freya scored loads of goals and helped out the defence. Thanks Freya and well done!

We all made some amazing tackles and the passing was superb. Next time we will win!

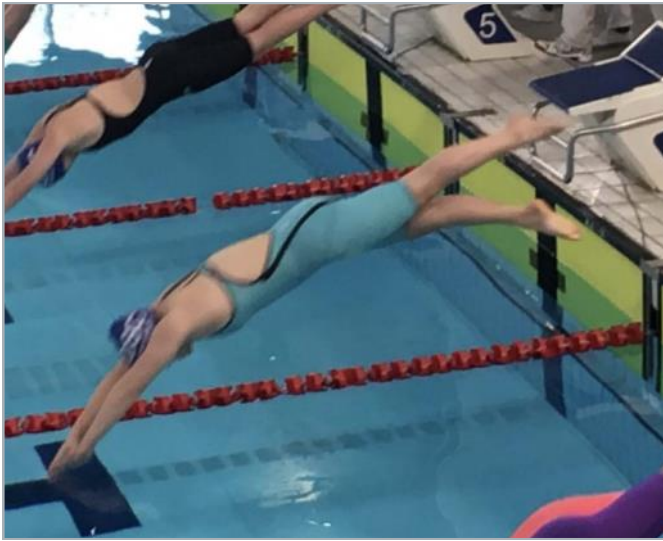
The team voted for the player of the tournament, which was ME! But I could not have done it without the help of my team mates.



Outstanding Achievement

Millie in Year 9, took part in the Team Luton Open Gala on 29th and 30th September. She had a fantastic weekend of competition winning medals in all events that she entered. She won bronze in the 200m freestyle and five golds in the 50m backstroke and breaststroke, 100m freestyle and butterfly and the 200m individual medley.

An outstanding achievement well done Millie!



Instrumental Lessons

Instrumental payments for next term are due NOW!



**We require a
payment of £100
for the whole
term or two
payments of £50.**

Attendance – Medical Appointments

There has been a continuing increase in the number of students missing part of the school day due to medical appointments.

Whilst we realise that some of these are unavoidable, please try to book appointments outside school hours or during school holidays. If this is not possible, it is expected that students are only out of school for the actual appointment and are therefore able to attend before and/or after in order to allow minimum disruption to their lessons and attendance. Students should not be taking the whole day off school to attend appointments.

Where appointments are necessary in school hours, please ensure your child's absence is reported at least 48 hours before to Student Services together with the appropriate documents, e.g. an appointment card/letter to ensure the absence is authorised.

In the event of emergency appointments, can you please contact the school and report your child's absence and ensure supporting documentation is handed in when your child arrives late to school.

For longer appointments (ie London hospitals), please speak to Matron direct as a longer absence can be authorised in exceptional circumstances.

Parents/carers should be aware that if the school does not receive any official confirmation of a medical appointment during school time, their child will be given an unauthorised absence that will affect their attendance record. If attendance drops significantly as a result, cases will be referred to the Educational Welfare Officer for investigation.

Miss A Maczugowska /Ms E Simpson

Matron & Attendance/Education Welfare Officer

Upcoming College & Sixth Form Open Days

Luton Sixth Form College	Tuesday 8th January 2019	17.30 - 20.00	Specific to Lealands Students
	Wednesday 16th January 2019	17.30 - 20.00	
Bedford College	Tuesday 22nd January 2019	17.00 - 19.30	
Barnfield College	Tuesday 22nd January 2019	17.00 - 19.30	
Bedford Sixth Form College	Wednesday 23rd January 2019	17.00 - 19.30	
Central Beds College	Thursday 24th January 2019	16.00 - 19.00	
Luton Sixth Form College	Wednesday 24th January 2019	17.30 - 20.00	
Shuttleworth College	Saturday 26th January 2019	09.30 - 12.00	

A full listing of all college and sixth form open days can be found on the careers section of our website.

STEM

What is STEM?

Science, Technology, Engineering and Mathematics (STEM), is a term used to group together these academic subjects. During the course of this academic year there will be opportunities to attend STEM related trips, gain STEM awards, attend STEM clubs, workshops and talks.

STEM fun fact

A French word for pie chart is "camembert".

STEM Careers



POINTS NEEDED

AMBASSADOR	120
GOLD	80
SILVER	50
BRONZE	20

5 WAYS TO GAIN A STEM POINT...

1. ATTEND A STEM TRIP
2. WRITE A REVIEW OF A STEM TRIP
3. COMPLETE A STEM QUESTIONNAIRE
4. ATTEND A STEM SUBJECT RELATED CLUB
(I.E. SCIENCE CLUB, CHESS CLUB, MATHS CLUB)
5. ATTEND STEM CLUB

STEM Trips – Bletchley Park

On Wednesday 3rd October, myself and a handful of other students had the opportunity to go to Bletchley Park. Bletchley Park was bought by M.I.6 just before World War II, as they thought it might come in useful. It did.

During the Second World War, Bletchley Park mansion and its surrounding areas were used by a team of code breakers working against the clock to decipher German coded messages. These code breakers played a large part in the ending of World War II and historians believe that the war might have gone on for at least another year had the code breakers been unsuccessful.

Whilst we were at Bletchley Park, we were able to go into the huts where the code breakers worked, attend a coding workshop and have a guided tour. During the coding workshop we were able to use an enigma machine (the machine the Germans used to encrypt their messages) and use different methods to crack codes.

The tour was my personal favourite part of the day because the guide was local and had met some of the people he referenced during the tour. I also enjoyed how informative the guide was.

By Shelby, Year 8



STEM Trips – RAF Museum, Hendon

On Friday 5th October, a group of eight Year 10 students, including myself, went to the RAF Museum, Hendon to take part in the 2018 MBDA's Aircraft Reconnaissance Challenge, as part of the STEM programme. The task was to build and design a glider that could fly over map set out and collect points. There were various tasks for the day, including; to gather intel given to us to establish the map, a presentation and the building of the glider.



Upon arrival, we were introduced to the task and the day ahead. Then we were given multiple lectures about information that would be useful to create our aircraft. We were taught the basics of aerodynamics and given advice on what materials should be used to make the glider. Afterwards, we had a tour of the museum which included many interactive activities,



such as a game of snake. Then, it was time to build. We were given a budget to buy materials and resources for the shop to make our designs. We also had to present our design, as well as a design of a World War 1 and 2 reconnaissance, to a panel of judges. At the same time, the information about the map was being released.

After collecting the intelligence, we were tasked with plotting where different points were on the map, with allied resources collecting positive points and enemy's losing points. We then had to plot our flight plan to collect the most points available to us. After designing and building our aircrafts, we were to throw them across the flight plan we had planned. Afterwards, we were given another throw as we knew where everything was on the map. Neither of the Lealands teams won overall, however, the boys group won the best mission planning. It was an enjoyable experience for all which concluded with medals.

By Robbie, Year 10

STEM Trips – London Transport Museum

On Thursday 8th November, a group of Year 9 students and I went on a STEM trip to the Transport Museum Depot in Acton. We first were asked to fill out a questionnaire about what career path we wanted to go down in the future and what subjects we were interested in that are related to STEM. We were then set a challenge to make a bridge on a magnetic board that had to transport a train with an 'egg' inside. It was a bouncy egg! You had to make it stop before it hit the buffer by using Velcro. Tennyson's team won and my team came 4th. We did have a train with dodgy wheels! Callum then gave us a tour of the museum where we had to uncover past problems and find transport solutions that have kept London moving from A to B. We then had the great opportunity to interview 2 engineers about their working lives. Everything that we had completed was for our CREST award which would be given to us by a third party.

The main thing that I took away from the experience was that there is a need for more women in the engineering world and that anyone can do anything if they put their mind to it.

By Hannah, 95SG



Alternative Provision STEM Project

As part of our curriculum in the Alternative Provision, we have been working on a STEM project. The continual advances in technology are changing the way we learn, connect and interact every day. We were able to develop skills which will help us to succeed in school and beyond. STEM stands for Science, Technology, Engineering and Maths. More and more jobs demand STEM qualifications and skills.

Our STEM project was to build a rollercoaster and the aim was to see whose was the fastest. We were all given the same materials and time to design and build our rollercoaster. We also had to think about a number of other variables when it was being tested including using the same object as the cart and the same person exerting the force on the cart to start it.

The STEM project was a good opportunity for us to work with other people we would not usually work with. It was also a hands-on way to learn about Science, Technology, Engineering and Maths which was fun. My favourite part of the project was putting it all together and seeing the final product. There were a number of minor adaptations we had to make but we were able to work together as a team to fix them.

**The Year 8
Alternative Provision
Group.**



Cambridge University Trip

This term, Miss Sheridan and Mr Sibley took some Year 10 students to the University of Cambridge. The day involved a tour of one of the many colleges that make up the university and lunch in a hall that looked like the dining halls in Harry Potter! The day was designed to allow students to get an insight into what life is like at university as well as how to apply to a world famous university like Cambridge. Current university students also spoke to the Year 10s about what it was like to be at university in a city like Cambridge. The Year 10s thoroughly enjoyed the day as well as thinking about their future life after Lealands.

**Miss Sheridan,
Head of
Year 10**



World Skills Live UK

On Friday 16th November, me and a group of other Year 10 students went out on a trip to Birmingham for a careers fair - World Skills Live UK! We travelled in a coach to the NEC, Birmingham and arrived at around 11 o'clock. When we got there, we split into groups to get the most out of our day and went around to various stations. I took part in various activities and saw many things; I managed to speak to policemen/ women, makeup artists, chefs, paramedics etc.

The day really gave me an idea of what goals I would like to meet in the future! I enjoyed the experience and most definitely won't forget it!

By Saruna, Year 10

I went to a careers fair in Birmingham...

There were many places to go and visit in all career areas. Personally, I am interested in being a paramedic or a doctor and there was a group of people showing us what paramedics do. I also talked to a man who was in the army and although I wouldn't want to be a soldier I am interested in becoming a doctor in the army.

Overall, my experience was good, I got to see and try many things I wouldn't normally do and if I got the chance I would go again.

By Parris, Year 10



NCS Champion School

We are incredibly proud to have been awarded as an NCS (National Citizenship Service) Champion School for 2017/18 at gold level. Lealands was selected for this award due to the positive number of students who enrolled on the programme last academic year.

The scheme involved the students attending two residentials. In the first week, the students went camping and took part in team building and outdoor activities such as kayaking, abseiling etc. The second week was at a university, where they were involved in careers based activities. The last two weeks was a community project. Our students chose a charity and organised events to either raise money or provide a service; such as a creche or visiting the elderly.

The NCS programme has proved to be a fantastic opportunity for our students to engage in something positive for four weeks over the summer; learning skills, preparing for the future and giving back to the community.

Pastoral Support Manager, Miss Naureen, attended the NCS Champion School event last night, where she was presented with our award and certificate, signed by Prime Minister, The Rt Hon Theresa May MP.

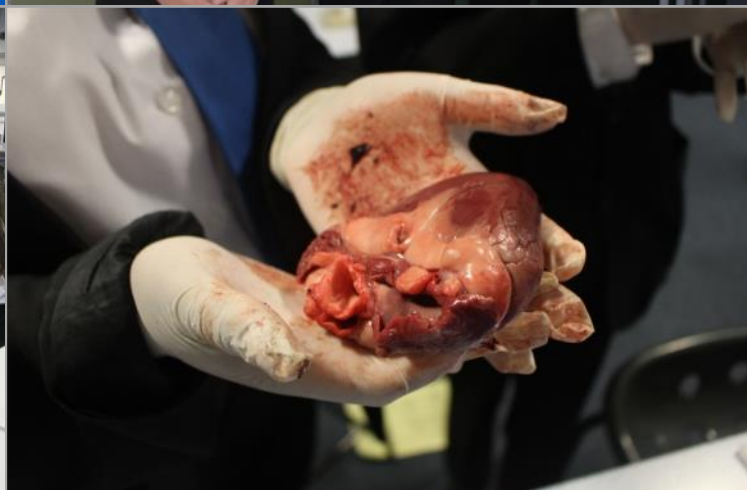


Open Evening 2018

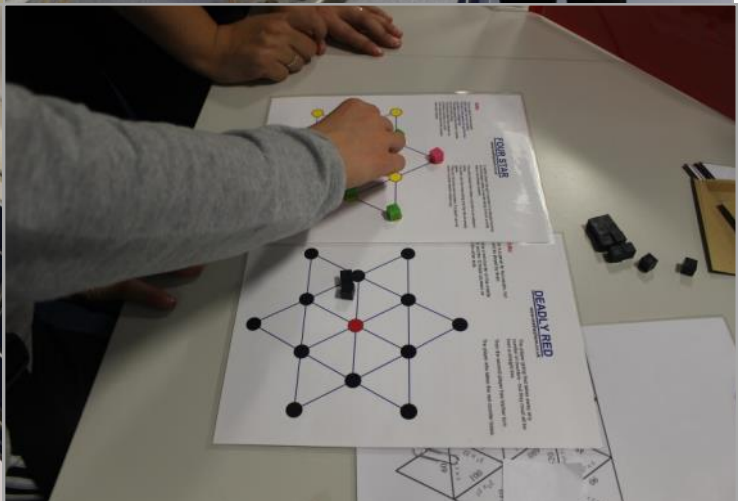
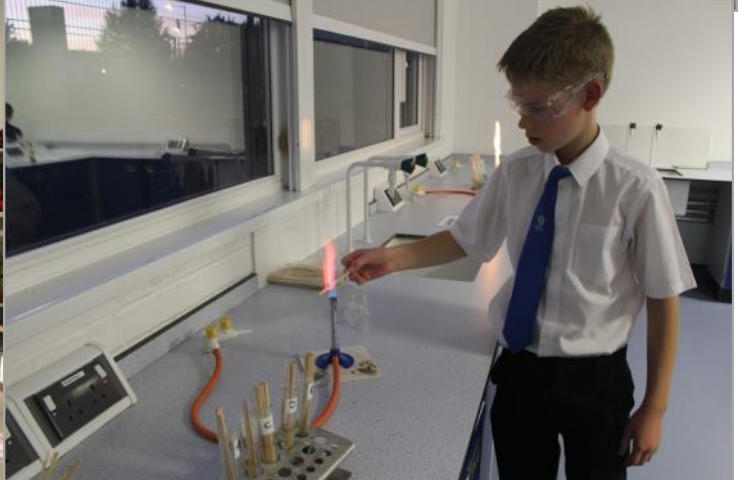
In October, we opened our doors to prospective parents and their children. The school was a hive of activity, with departments demonstrating examples of the fantastic learning that happens here at Lealands. Thank you to everybody who visited us and showed an interest in our school. We hope you enjoyed the evening.

Thank you to our outstanding students who facilitated the informative tours and activities and to the staff for all their efforts in making the event a success and a wonderful celebration of Lealands High School.

[More photos from Lealands' Open Evening are available to view on the gallery page of our website.](#)



Open Evening 2018



Lealands Celebrates Student Successes



The academic successes of students past and present were celebrated in style at Lealands High School's prestigious annual Presentation Evening. Over 300 students, their families and staff filled the beautifully decorated Sports Hall to celebrate the fantastic achievements of students from the previous academic year.



The school's new mission statement 'Supporting everyone to climb the mountain to success' was fully demonstrated with over 100 students winning awards for their successes in a variety of categories, including; progress, excellence and subject commendations.



The highlight of the evening was the presentation of our most prestigious awards. Twelve successful students from the 'Class of 2018' were invited back to receive individual trophies based on their own personal successes. Their names will be forever engraved on the trophies and subsequently Lealands' history. The speeches from the teachers presenting the trophies were very emotional, and moved many students, staff and parents to tears.



Presenting the awards and inspirational guest speaker for the evening was, Nathaniel Levy. After the death of his youngest brother

Lealands Celebrates Student Successes

Robert, Nathaniel turned his back on his thriving property business and instead began to address the issue of knife crime and youth violence in London. He began visiting schools to warn other young children of the dangers involved in carrying knives and other weapons and the fatal consequences associated with them. Nathaniel had visited Lealands earlier in the year to host one of his workshops and following the positive response he received from students and staff; Lealands were excited to invite him back for this occasion.

He said, “We often see in the media, the worst of young people, but at the Lealands Presentation Evening we were reminded of the very best of our future generation. The evening was extremely uplifting, empowering and positive. The young people were awarded with accolades that were fitting to their amazing achievements. You will find the very best and motivated students at Lealands [High] School; it was an honour to be part of this wonderful evening, shared with proud parents and staff. The future looks bright for Luton with the exceptional students on show. Congratulations to all who made this event possible”.

The ceremony also included students reviewing their past year, speeches from the previous and current Head Boy and Head Girl and performances from Lealands’ talented music students. As always, it was a very memorable occasion and a fantastic way to celebrate how the journey through Lealands is ‘worth the climb’.

[More photos from the evening are available to view on the Gallery page of our website.](#)



Lealands Remembers

At 11am on Friday 9th November, students and staff gathered together around the school's memorial garden in an act of remembrance; commemorating the centenary of the end of the First World War.

A two minutes silence was led into by maths teacher, Mr Patterson, playing 'The Last Post and Reveille'. Over 1000 students and staff respectfully bowed their heads to remember those who have given their lives during conflict.

Following the silence, Head Girl, Nicole and Head Boy Nitin, recited the poem 'The Crosses', and Headteacher, Mr Burridge, laid a poppy wreath next to the Lealands memorial tree. A representative from each tutor group stepped forward and planted poppies and crosses alongside the wreath. Students were given access to the memorial garden during break time to lay their own poppies if they wished to do so privately.



Lealands Remembers

On Tuesday 6th November, as part of Lealands' remembrance commemorations, 73JO led a brilliant assembly to the rest of their year group; explaining the reasons why we commemorate Remembrance Day and why the poppy has become the symbol of remembrance.



World War I Workshop

Our Year 7s gained a fascinating insight into life as a World War I soldier during a workshop set in 1914.

The workshop follows the journey of real life soldier, Arthur Seaby and his peers, as they signed up to fight for their country in WWI.

Firstly, they faced the doctor who put them through their examinations to make sure they were fit for service. Having passed, they were signed up for three weeks basic training which included learning discipline and weapons training.

At the end of basic training, the new recruits were sent to the trenches where they learned about trench foot, mustard gas, whizz bombs, no man's land and writing letters home to loved ones. They were also introduced to the stark reality of the huge numbers of soldiers who went to the trenches but didn't make it home.

It was a fantastic experience for the Year 7s enabling them to imagine what life must have been like for those soldiers who fought in the war.



Year 7 Christmas Shoe Box Appeal

Our Year 7 students have been demonstrating their generosity by collecting donations for their Christmas appeal, 'Operation Christmas Child' shoebox appeal. The students brought in shoeboxes and have filled them with an abundance of gifts, goodies and treats. They are now wrapped and ready to send to underprivileged children all over the world. These children may have never received a present before or live in difficult situations where basic necessities are hard to come by.

Since 1990, the Operation Christmas Child Shoebox Appeal has resulted in over 157 million shoeboxes being sent to children in over 160 countries. The appeal is run by Samaritan's Purse; an international relief and development organisation that work in Africa, Eastern Europe and Central Asia.

Thank you for all of your donations and for sharing your kindness with others. This will make such a difference and will help put a smile on a child's face this Christmas.



Bookbuzz

Year 7s were very lucky as they got to take a free book home to read just in time for the Christmas holidays! The books varied in length, complexity and genre, so there was a book for everyone. The year group were very excited to receive their free book as you can see from the photo, and I hope they will be reading it over the festive period.



Accelerated Reader Roundup



Thank you for monitoring your child's reading. We have had exceptional/competitive/tight results, with students battling out for the top spot. We aspire for all students to read 20 minutes every day to help improve their reading age. After the December break, all Year 7s and 8s will be completing another STAR test to see if their reading age has accelerated. All targets will restart after Christmas so the battle will commence once again!



WHO CAN BEAT MS REZAEI AT ACCELERATED READER!



Currently has 100 points

Reading: History Is All You Left Me by Adam Silvera

Worth 11 points



Please can we ask you to continue to monitor your child's reading, and to check their Accelerated Reader log in their Learning Diary (page 14-20). This really helps make a difference to their progress.

As usual, we will be rewarding those who have really dedicated themselves

Accelerated Reader Roundup

to the programme with our traditional pizza party. Ms Rezaei also took part in the competition and was interested to see if anyone could beat her.... And there are few students currently over taking her! Once Ms Rezaei has tended to her bruised ego, as she used to be the undefeated champ, she will reward these students (unless she manages to catch up...).

Congratulations to the winning tutor groups! Will they be able to keep hold of the top spot?

 **Accelerated Reader Year 7 League Table**

Form	Points	Ranking
76DY 	731	1st
73JO 	663.1	2nd
75SW 	453.5	3rd



 **Accelerated Reader Year 7 League Table**

Form	Points	Ranking
78RP  ↑	437.7	4th
72AE  ↑	412.2	5th
77MB  ↓	369.6	6th
71KA  ↓	352.9	7th
74KH 	347	8th



 **Accelerated Reader Year 8 League Table**

Form	Points	Ranking
83CT 	1018.3	1st
82NK 	771.1	2nd
84JT 	501.2	3rd



 **Accelerated Reader Year 8 League Table**

Form	Points	Ranking
88SE  ↑	486.2	4th
85KH 	423.5	5th
86KB  ↓	392	6th
81HJ  ↑	283.6	7th
87LD  ↓	269.6	8th



Please can you ensure all overdue books are returned to the LRC before the Christmas holidays. Thank you for your cooperation.

Governor Vacancy

Lealands High School has a vacancy for a Foundation Governor. Foundation governors are appointed to the governing body and have a specific role in supporting the school's ethos and character.

This role can be fulfilled by any suitable person who is interested in supporting the school to be the best it can be.

A strong interest in education is important, but wider experience in industry, the community or the business world would also be beneficial.

Expressions of interest are invited via letter to the Chair of Governors, Lealands High School or an email to admin@lealands.luton.sch.uk for the attention of the Chair of Governors

Mr Paul Troughton

Chair of Governors

Blue Peris Trip, November 2018



On Sunday 18th November, 20 intrepid Year 9s and 5 members of staff jumped on a coach and headed for North Wales. Blue Peris was our destination, an outdoor activity centre specialising in adventure activities in and around the area of Snowdonia. After a six-hour journey, we arrived with anticipation. We were swiftly shown our dorm rooms and given a welcome briefing. Then reality hit. We were handed our equipment for the week –

walking boots, wellies, water proof trousers and jacket, the thickest fleece I have ever seen in my life and a balaclava! We all felt that we were in for a very busy week.

We were not wrong. The students were split into two groups to take part in activities. All week, we were awoken at 7am by Mr Payne's iPod playing music very, very loudly. The first song every day was Bob Marley's "Get up, stand up". All the students hated it at first, but I think they secretly began to like it by the end of the week. After breakfast, we were told what equipment we needed for the day and we had to meet by the mini-buses by 9.30am.

Group one started by going down into an old flint mine called Rhiwbach. Without our head torches, it would have been pitch black. Whilst there, the students climbed a waterfall, abseiled into a cavern, navigated the maze of corridors as a team and exited by climbing a 50ft

Blue Peris Trip, November 2018

vertical ladder to fresh air. Each and every student showed excellent resilience towards the activity and I was very proud of them.

Group two began their adventure on the first day by visiting a gorge and climbing up to the top of a hill.....by walking up a river. At points, chest deep in ice cold water and then clambering up jagged waterfalls, everyone was thankful for that thick fleece, which sucked the water away from their skin. Despite being freezing cold, every single student showed immense determination to get to the top and jump from high into a plunge pool.

The first day was hard work but extremely rewarding. Even after all their excitement, the students still had to unpack and tidy their equipment, complete their duties for dinner and partake in a team building activity (both wet and dry!!). A nice moment of each day was meeting at about 9pm for a hot chocolate and chat about the day. Then off to bed to prepare for the next day.

Day two saw the groups swap activities. Again, each and every student pushed themselves to their limit to succeed.

As previously mentioned, each day a small group had to do a duty. These were set up for breakfast, clear away and wash up breakfast, set up for dinner and then clear away and wash up dinner. When this first started, the students needed a little guidance in how to complete these. However, throughout the week, the experience led to some great team work, leadership and a promise from many of them to do more chores at home. I wonder if that has come to fruition?

Day three, and both groups headed for the coast of Anglesey to do some Sea Level Traversing. This was essentially rock climbing sideways whilst dangling from a rope above crashing waves and jagged rocks. Every single student became a hero in my eyes, because it scared me silly, but each one of them got on, helped each other find the best place to catch a finger or wellie hold and became each other's cheerleaders. I was ever so proud of the students for the way that they approached this task and conquered their fears.

Two other tasks that we completed whilst we were there was a zip wire across the rocks and a Tyrolean – a rope stretched across a craggy inlet that we had to crawl across commando style, one foot hooked over the rope and the other dangling below for balance. This was so much fun and who would have thought we would have so many commando candidates!

The next day was the big one. Each group were given a mountain to climb. If any exercise was going to test the targets of the week of responsibility, respect, excellence and resilience, it was this one.

Group 1 headed up Elidir Fawr, aiming for the 943m above sea level summit. It was hard

Blue Peris Trip, November 2018

going from the very first step. Steep climbs caned their legs, fierce winds whipped their faces and snow froze their feet, but still they went on. Similarly, Group 2 made their way up Y Gar under the same conditions. With the wind, snow and gravity against them, they made it to their summit as well in great cheer. Across both mountains, the students pushed each other, helped each other and cheered each other on. The camaraderie that had been growing throughout the week was on grand show here. Nothing will beat the feeling that hit us all as we reached the summit through our own sweat.

Every day, my admiration for a group of twenty Year 9s grew. From simple 13 and 14 year olds from Lealands High School to super heroes every single day.

The final day of adventure saw the groups partake in the same activities, but at separate times. They visited a local lake called Llyn Padarn for a raft building challenge. Instantly, they worked as a team to plan their raft and build it together. It was to everyone's glee that both groups successfully created a raft that floated and stayed together. Some students happily jumped in the lake to celebrate remaining dry!

The second activity was a climb up and abseil down Union Rock. This was a cliff of about 10 metres. Students had to climb a rope that was controlled by other students – they were responsible for each other's safety. Then they could abseil down again, this time controlling their own rope and at their own speed. Once again, fears were conquered and actions excelled at.

Upon returning home after a week of intense adventure, I was sitting at home watching I'm a Celebrity, and all I kept thinking was things like...I know a student who would do that better, I know a student that would be down that cliff first...I know a student who would be a better leader. I think I mentioned all twenty names to my wife, who is starting to get very bored with my stories of Blue Peris. However, she does think that we have some very brave young people here at Lealands.

That whole week, I witnessed excellence, I witnessed respect and I witnessed responsibility. I witnessed awesomeness. I am extremely grateful to all the students for their excellent attitude, fantastic sense of humour and terrific determination. They grew as individuals, learnt something about themselves and had the time of their lives.

Below are what some of the students have to say about their experience:

"My favourite part of Blue Peris was meeting new people and learning that I can climb a mountain. I liked it because it made me push myself. I learnt that I am actually good at things which seemed impossible before I did them." – **Emily 94ZW**

"I learnt how to traverse along the edge of a cliff and how to use communication as an

Blue Peris Trip, November 2018

important skill. The best part was probably gorge walking because I liked jumping into the plunge pool.” – **Millie 94ZW**

“My favourite part of Blue Peris was the mountain walk as it tested us both mentally and physically. I learnt a lot about myself there. I learnt a lot of life skills which I can bring back into every day life.” – **Ellis 93WH**

“I learnt that I can overcome anything. My favourite part was Sea Level Traversing because it was really fun doing the zip line and jumping into the sea.” – **Katherine 94ZW**

“I liked all the activities because they were fun and challenging. I learnt how to push myself out of my comfort zone and how to help others if they needed help.” – **Olivia 97SP**

“All the activities were fun and enjoyable. I learnt to overcome my fears and be out of my comfort zone.” – **Nyah 97SP**

“My favourite part of Blue Peris was the Sea Level Traversing because I learnt new skills and reached new limits. I learnt about myself a lot and that I can achieve more than I think.” – **Vitio 94ZW**

“The best part of Blue Peris was climbing the mountain because it was a giant challenge and I conquered my fear of heights. At Blue Peris, I learnt that I can do the impossible and I am more capable than I believe I am.” – **Sophie 96JM**

“My favourite part of Blue Peris was the Sea Level Traversing. I got to climb above the sea and push myself to the fullest. I learnt that I need to worry less and focus on myself more.” – **Summer 98AB**



Blue Peris Trip, November 2018



Blue Peris Trip, November 2018



More photos from Blue Peris are available to view on the Gallery page of our website.

Penguin Parade!

Well done to the Year 7 and 8 students who took on the Penguin Parade challenge! As part of their art homework they were invited to create a 3D penguin from any materials to join the current display in the school's Main Reception.

We have been amazed at the variety, shape and size of the penguins handed in! Students have been really creative and imaginative. There are penguins made from: odd socks, recycled cartons and bottles, modelling clay, paper origami, papier-mache and even egg shells!

Fantastic effort everyone....we are looking forward to the Spring chicks!

Ms Reason, Director of Art



GCSE Art Mock Exams

The Year 11 GCSE Art students recently sat their 10 hour mock exam, over two days in the art rooms. All students worked really hard to develop their final piece, based on the theme 'Observe and Change'. They analysed their chosen artist's techniques and produced their own work independently, showing how they had been influenced by their artist.

This work now forms part of their GCSE Portfolio - worth 60% of their final grade. In January they will receive their final GCSE exam paper and begin developing their research and ideas based on the theme they choose.

We wish them the best of luck and look forward to seeing the work they create.

Ms Reason, Director of Art



Jamie Hall



Milosz Adamiak



Dominic Flaherty



Brooklyn Morgan



Rae Green

Christmas Concert 2018

On Thursday 13th December, our talented students took to the stage and wowed the audience at our Christmas Concert. In the weeks leading up, the students had been busy rehearsing and perfecting their performances for the show. They also performed a matinee concert which was enjoyed by children from local school, Sundon Park Juniors.

The concert included a range of music, dance and drama acts, celebrating the talents of all Lealands students from Years 7 to 11.

We would like to congratulate the students and staff involved for a wonderful show and thank everybody who came to support them.



Christmas Concert 2018





Facilities For Hire

From £8.00 Per Hour



Lealands
High School

Swimming Pool, Sports Hall, Dance/Activity Studios, 3G Astro, Netball/Tennis Courts, Community Function Rooms, Fitness Suite and School Hall.

For more details, visit: www.lealands.luton.sch.uk/facilities



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*Our party facilities are available as a venue only. Children will be the responsibility of accompanying adults. Any food required is the responsibility of the party host.