



Lealands
High School

Relationships and Sex Education programme

YEAR 8 LESSON 2: **Sexual Orientation** **and Gender Identity**



Do Now: On whiteboards:

Write down 5 things that you remember from last week's lesson.

YEAR 8 LESSON 2:

SEXUAL ORIENTATION & GENDER IDENTITY

Learning outcomes:

I can...

- explain that people can be attracted to others of the opposite or same sex, both or neither and that it is important not to make assumptions about someone's sexual orientation
- I can explain the difference between sexual orientation and gender identity
- I can identify and challenge homophobic, biphobic and transphobic behaviour

RELATIONSHIP SCENARIO

You are walking down the street with your friend and you have the following conversation.

Person A: I've noticed you've not seemed yourself recently. Everything okay?

Person B: I guess so. It's just...ah never mind.

Person A: Come on – it can't be that bad.

Person B: I don't think it is but some people might have a problem with it.

Person A: What do you mean?

Person B: I guess I'll end up telling you sooner or later...I'm gay.

What are your initial thoughts?

How do you react?

How might others react?

KEY WORD UNDERSTANDING

sexuality



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What could the + represent in LGBT+?

gender

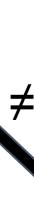


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KEY WORD UNDERSTANDING

sexuality

describes who a person is attracted to

lesbian **gay** **bisexual** **straight**

attracted to the same gender (f)	attracted to the same gender	attracted to more than one gender	attracted to the opposite gender
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What could the + represent in LGBT+?

gender

biological sex

Your anatomy, genetics and hormones. Assigned at birth based on these factors.

gender identity

A deep-seated sense of being male, female, neither, or a combination.

gender expression

The way you choose to present your gender to the outside world, through factors such as clothing, behaviour, or hairstyle.

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cisgender

you identify with the sex you were assigned

transgender

you don't identify with sex you were assigned

non-binary

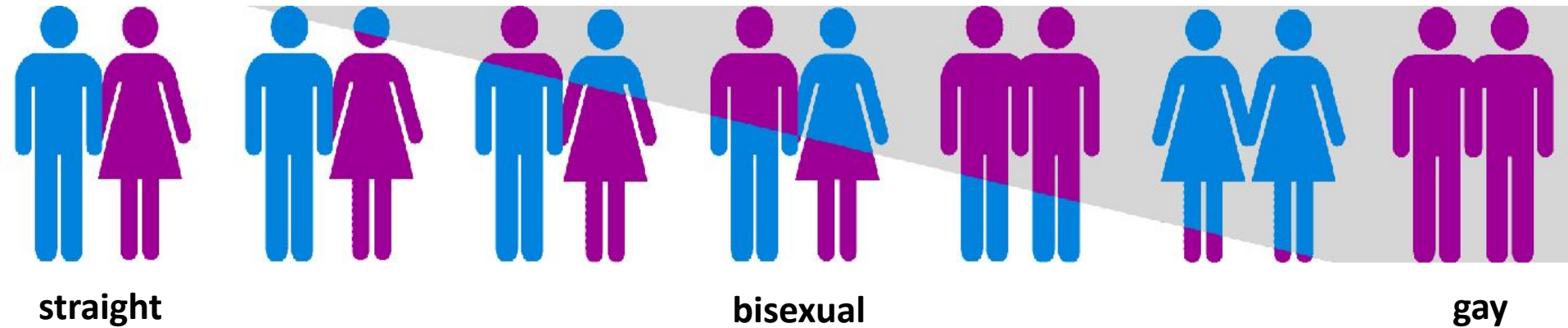
you don't identify as either a man or woman

KEY TERM DOMINOES

- Match the key words with the definitions.
- To check the answers, I will nominate a student to read the key word and another student to match the definition.
- That same student can name the next keyword, and so on.



SEXUALITY IS A SPECTRUM

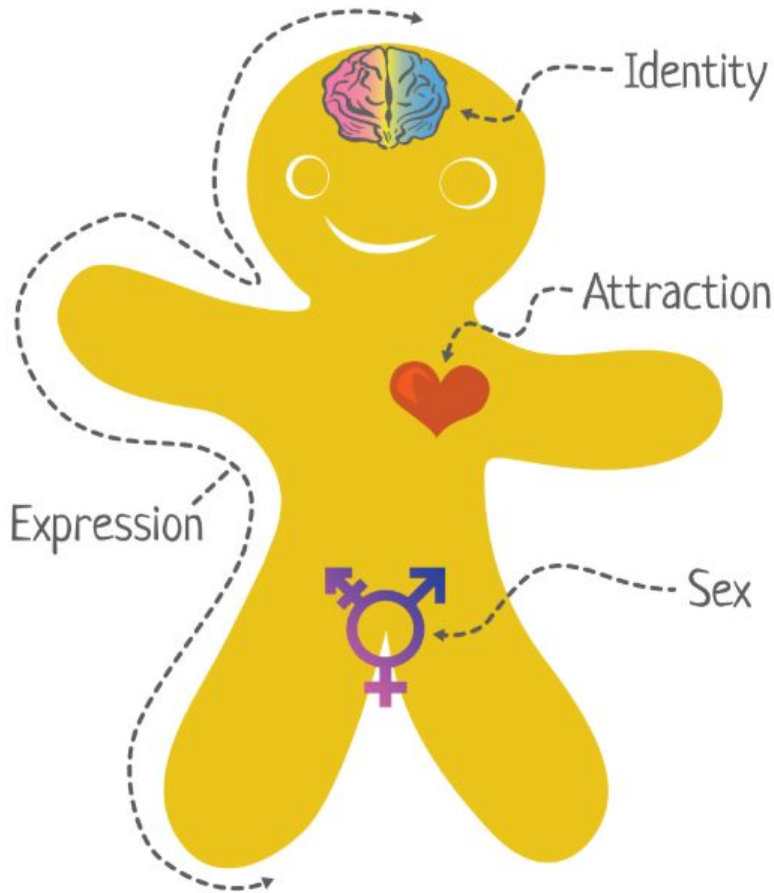


BIOLOGICAL SEX IS A SPECTRUM



SEXUALITY IS A SPECTRUM

The Genderbread Person



So far, we've been talking about anatomical **sex**

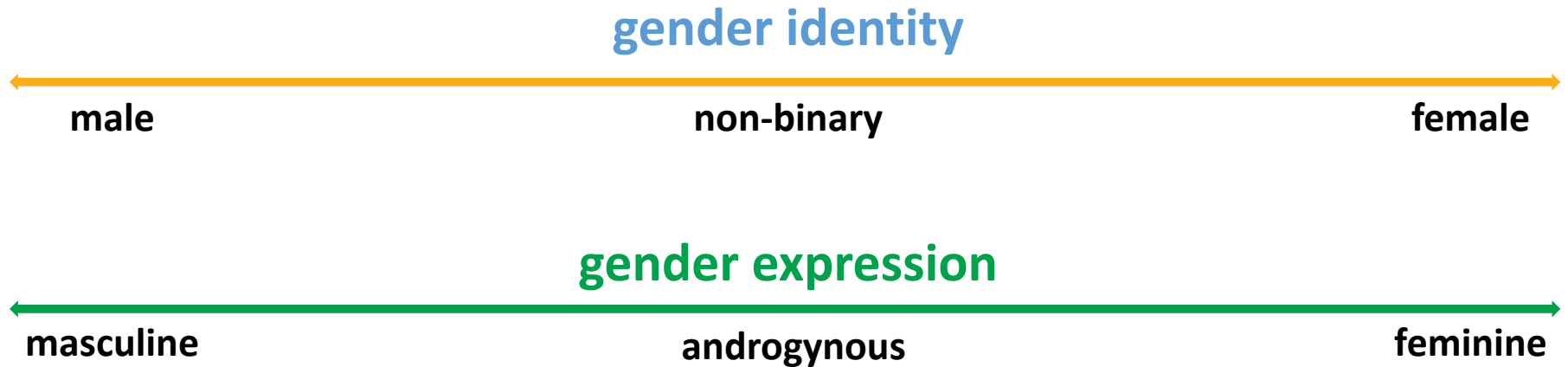
but your **sex** is different to your **gender**

gender is made up of two aspects:

- **gender identity**
- **gender expression**

gender and **sex** are different things to **sexuality** (attraction)

GENDER IS A SPECTRUM



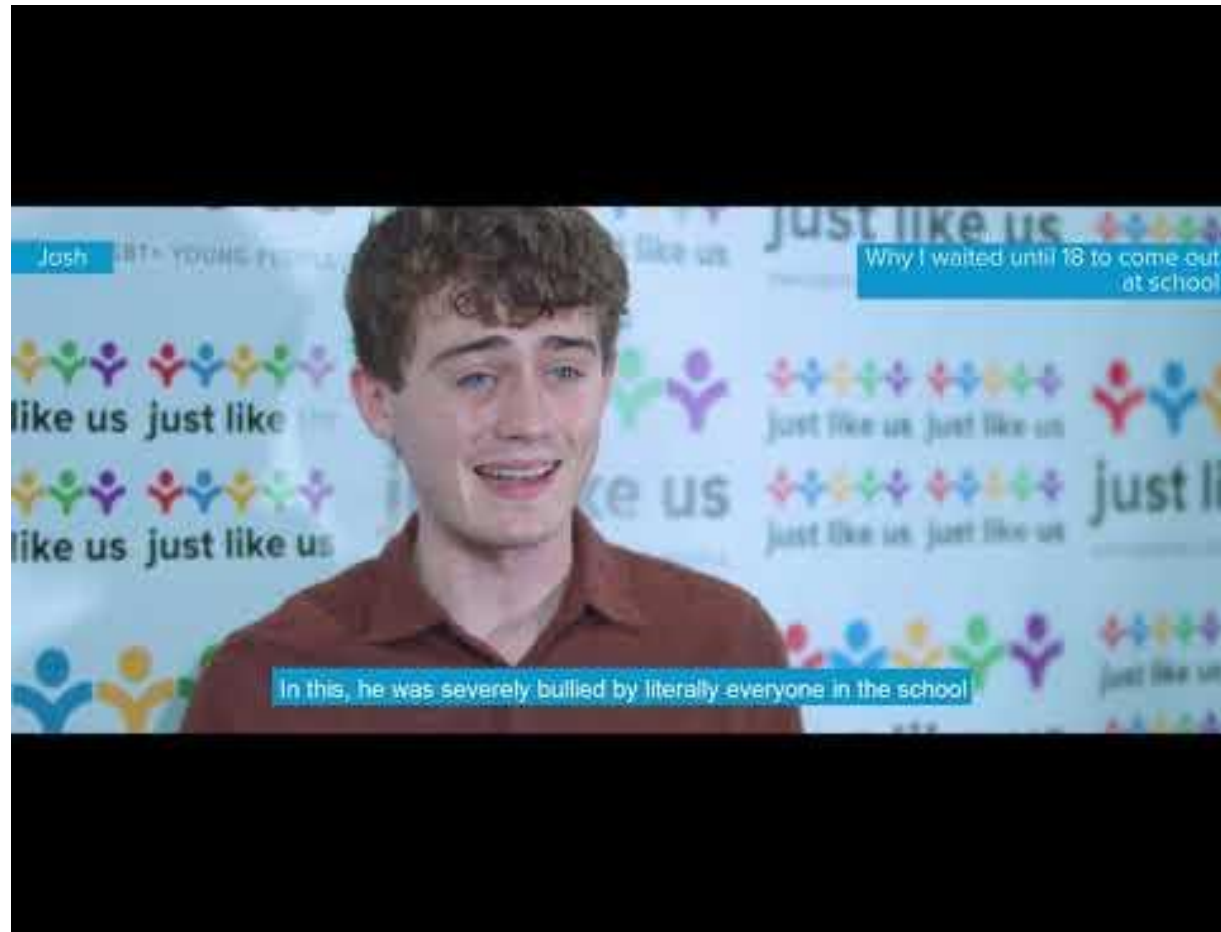
We can think of gender identity as a spectrum. On the one hand, some people identify exclusively as a man. On the other hand, some people identify exclusively as a woman. There are people who lie somewhere in between. These people are called non-binary or gender-fluid people.

Gender expression also exists on a spectrum. Someone can express their gender in an exclusively feminine way (e.g. wearing dresses and makeup) or in an exclusively masculine way. But some people might have both masculine and feminine sides to their identity. We call these people 'androgynous'.

JOSH'S STORY

Watch this clip and think about the following questions:

1. What pressures were there for Josh regarding his identity as he was growing up?
2. What worried Josh about being different from his family and friends?
3. How important is it to accept the differences in people in our society?



REACTIONS COUNT

Think back to this conversation. I have added a reaction below.

Person A: I've noticed you've not seemed yourself recently. Everything okay?

Person B: I guess so. It's just...ah never mind.

Person A: Come on – it can't be that bad.

Person B: I don't think it is but some people might have a problem with it.

Person A: What do you mean?

Person B: I guess I'll end up telling you sooner or later...I'm gay.

Person A: Oh right, that kinda came out of nowhere... Don't really know what to say...

What do you think person A and B are thinking and feeling right now?

How would you react?

REACTIONS COUNT

Person B: Forget I said anything. It was just a joke really. Let's go hang with Jamie..

Person A: Hold up! I didn't mean to sound so useless. I was just genuinely surprised.

Person B: I just told you something really important to me and you reacted like it was a problem.

Person A: I know I'm sorry. It's genuinely all good with me. How long ago did you figure it out?

Person B: I guess I'd not really thought about it till last year. We were all talking about relationships and I realised I actually wanted one. Just not with who people expected me to date.

Person A: Is there anyone you're interested in you want me to put a good word in with?!

Person B: You've known for all of 2 minutes and already you're trying to set me up with someone!

Person A: Hey, you're my mate – gotta' make sure you're happy haven't I?!

What do you think person A and B are thinking and feeling right now?

How would you deal with anyone who reacted negatively?

PRIVATE REFLECTION

- What are your personal feelings about people whose sexual orientation is different to yours?
- How would someone (you or a friend) want to be supported if they told someone about their sexual orientation or gender identity?'
- What steps can you take to make sure everyone is treated equally and respectfully?



SIGNPOSTING

If you want to talk to someone about today's lesson:



- Tutor, PSM or Head of Year
- Childline
 - 0800 1111
 - Online chat available at www.childline.org.uk
- Lesbian and Gay Switchboard:
 - 0300 330 0630
- Mermaids - support for trans and gender questioning young people
 - 0844 334 0550
 - Mobile only: 0344 334 0550
 - Website: <http://www.mermaidsuk.org.uk>
- Brook
 - 0808 802 1234
 - Website: www.askbrook.org.uk