

# LEALANDS *News*

EXCELLENCE RESPONSIBILITY RESPECT



## In this issue:

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**Junior Maths Challenge - Pg 15**

Discover more on these topics and much, much more news & updates in this issue!

## Upcoming Events:

**19.06.25 - Y11 Leavers Assembly**

**03.07.25 - Y11 Prom**

**07.07.25 - 11.07.25 - Sports Days**

**10.07.25 - Experience day**

**18.07.25 - End of School Year**

## *Headteacher's Introduction*

### **John Burridge, Headteacher**

Dear Parent/Carer,

It has been fantastic to have a spell of good weather just in time for summer games and sports. It is always a joy to see the energy, enthusiasm and team spirit of our students enjoying their PE lessons, sports clubs and fixtures on our fabulous outdoor facilities at this time of year. You will see in this newsletter the amazing results of our talented sportspeople in the many competitions in which they participate. Our Sports Department of expert teachers and coaches really do get the very best out of our students in this regard.



The summer term also heralds the start of GCSE exam season and we have been extremely impressed, again, by the maturity and application of our Year 11 students. They did not have the greatest start to secondary education as a result of the Covid Pandemic, but they have recovered from this and gone from strength to strength as they have progressed through the School. Although for many it is a distant memory, we do not forget the immense impact this had and it is a testament to their resilience and strength of character that they continue to push further and higher up the mountain to success; making up for substantial lost learning time. We are expecting exceptional results and it has been fantastic to see the confidence and determination to do their best after each examination so far. Teaching staff have been excellent in supporting in every way possible; including early morning support with advice, calming nerves and addressing last minute revision queries.

After half term, our Compass Centre (former elearning centre) will start taking its first official cohort of students and some students have already benefitted from this additional facility at the School. This provision which we have been commissioned to run for the Local Education Authority will better support the education of students with significant mental health and anxiety issues which make attending mainstream school difficult. This will become a hub and centre of excellence for the whole town and community as it develops over the next year.

Our senior leadership team spent the weekend recently reviewing the past year and looking at our development priorities for 2025-26. Our main focus this year has been to further improve students' attitudes to learning and going to the next level with behaviour that is more than compliant to be pro-actively positive. A key part of this has been training in the reasons that lie behind rules (both written and unwritten) and how to really show kindness and cooperation. It has been overwhelmingly positive seeing the results of this with further improved uniform, equipment and attitude to learning grades this year. One visitor recently said 'uniform is perfect in the school'.

Although, we might not agree that it is always perfect, it is certainly exceptionally good and students have pride in being ambassadors for their School understanding that this starts with how they present themselves. Another area where students have excelled this year is with politeness, where the small things make all the difference. They understand the importance of greetings and, for example, saying 'thank you' and holding doors open for others. This level of politeness and care has quickly become strongly part of the already positive culture at Lealands.

Thank you to parents who completed our annual survey. We have again seen very positive results and continued improvements, but we are never complacent and know that there are always areas to work on and further improve. Your feedback really helps with this. Where parents are less positive, it is usually due to specific issues and particular circumstances. In particular, some parents are concerned that their children miss lesson time due to behaviour. Our approach with this is to give every student the opportunity to correct their behaviour, but if this continues negatively we cannot tolerate the disruption this causes to others and we know the vast majority of parents appreciate this approach in the interests of their children's learning.

Of course it is always a joy to have the positive and exceptionally hard work of school staff recognised by comments such as those below:-

- She's doing very well in her studies as a new student and the teachers too can testify about it. Am happy I took her to Lealands High school.
- Thank you for your help and support
- Lealands has come a long way since my eldest started.
- Keep up the good reputation.
- One of the best school educationally and amazing teachers and staff ❤️
- The support for my daughter has been exemplary, thank you.
- I am always updated on my child's progress and all teachers are very supportive
- Lastly, as a parent, so far, I am happy with the school staff, resources and leadership.
- I thank all the teachers and admin staff and highly appreciate their hardwork.
- One of the best secondary school love the teachers and staff my both girls love this school.
- One area where the school excels is staff responsiveness...This level of engagement is greatly appreciated and reflects a strong commitment to student success.
- To us Lealands is best school in Luton , they listen to us as parents and work with us to meet the needs of [student name]. Thank you to all staff involved.
- They should keep on the good work.
- I just say in few words one of the best school in luton I have come across lovely teachers and staff. I was more scared when my twins going to start secondary school but this school gives me a peace of mind and my both girls are really happy to join this school thank you so much for having my girls in your school.

- Thank you so much to all the staff for the support given to my [student name] during these challenging times we are in as a family
- i am happy my child is at Lealands

Thank you for your support and work with us to make Lealands the best it can be for your children and all our students.

**J Burridge**  
**Headteacher**

### *Key dates for your diary:*

**Mark your calendars with these key dates - stay informed and never miss an important event!**

- **Year 8 HPV Vaccination:** Friday 23<sup>rd</sup> May 2025
- **Year 8 HPV Vaccination:** Friday 6<sup>th</sup> June 2025
- **Year 9 Evening of Excellence:** Thursday 12<sup>th</sup> June 2025
- **Year 11 Leavers Assembly:** Thursday 19<sup>th</sup> June 2025
- **Careers Fair:** Friday 20<sup>th</sup> June 2025
- **Transition Evening For Year 6:** Wednesday 25<sup>th</sup> June 2025
- **French Trip Departs:** Wednesday 25<sup>th</sup> June 2025
- **Summer Concert:** Wednesday 2<sup>nd</sup> July 2025
- **Transition Day for Year 6:** Friday 4<sup>th</sup> July 2025
- **Sports Days:** Monday 7<sup>th</sup> - Friday 11<sup>th</sup> July 2025
- **Experience Day:** Thursday 10<sup>th</sup> July 2025
- **Year 7 Evening of Excellence:** Wednesday 16<sup>th</sup> July 2025
- **End of Summer Term:** Friday 18<sup>th</sup> July 2025

### *Term Dates:*

Full academic term dates for 2024-2025 and 2025-2026 can be found on the school website:

<https://www.lealands.luton.sch.uk/termdates>

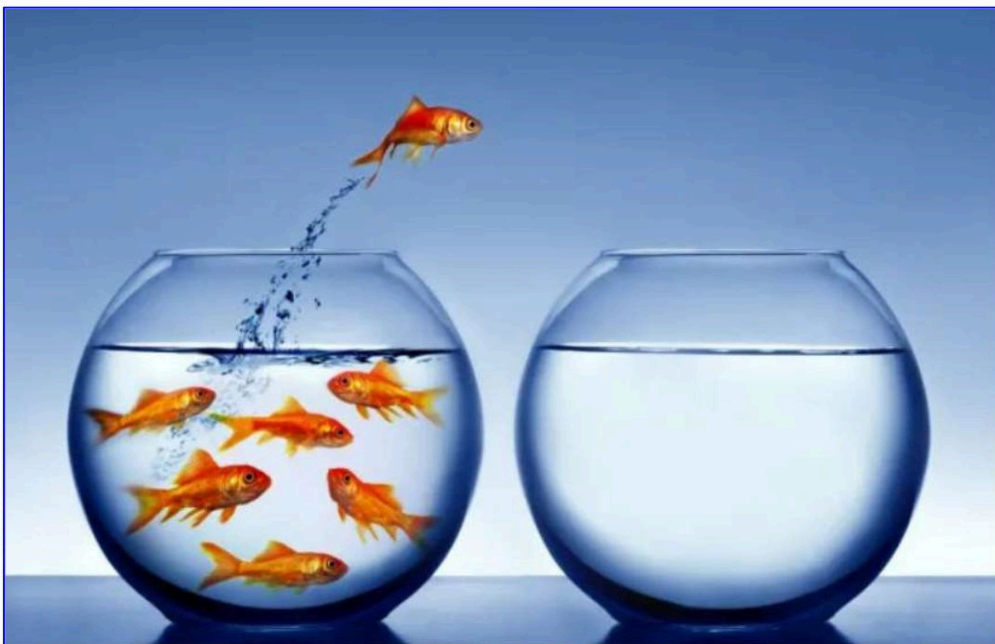
*Value of the Month*

**May 2025**

## Value of the Month

**May 2025**

**"Taking Opportunities"**



Take every opportunity you get. You never know which one will lead you to your desired goal.

## Sports Successes & Updates

### By The PE Department

**“From thrilling finals to district titles and county qualifications, our students continue to shine - showing teamwork, determination, and excellence in every performance.”**

Well done to the girls for reaching the finals in Football!

Our Year 7s were crowned Luton District Champions with a 3-0 win over QES. An excellent team performance! Our Year 8s narrowly lost out, losing 2-1 to Putteridge. With the game level, it was an unstoppable strike that won the game in the end.

A great job by the team to be runners up in the district!



Another well done goes to the Year 8 boys for reaching the finals in the District Cup!

A fantastic 8-1 win against Cardinal Newman, with the final being played at Luton Towns training ground - the boys played some great football and have been a pleasure to work with this year.

The focus now moves to the County Cup Final next!



## Sports Successes & Updates

### By The PE Department

Our Intermediate Year 10s & 11s Athletics team competed in the Luton district event on Thursday 1st May. Our girls came in 1st place and boys in 5th, and as a team we came 4th place overall.

We had some great performances across the team which means we had 8 students qualify for the County Competition in June.

Well done to everyone involved!

## Meet Our Governors

### Dean Khwaja - Parent Governor

My name is Dean Khwaja. As a Parent Governor, I am dedicated to ensuring that students receive a high-quality education in a supportive and well-structured environment.

Residing in Sundon Park and as a parent to three children currently attending Lealands, I have a strong personal investment in the school's success and the well-being of its students.

My role enables me to contribute to the strategic direction of the school while ensuring that parental perspectives are effectively represented in governance discussions.

With extensive experience in IT, particularly within the NHS, I bring expertise in digital infrastructure, strategic planning, and operational efficiency.



I am committed to strengthening communication between parents and the school, ensuring that families have a meaningful voice in key decisions.

Through collaboration with governors, staff, and parents, I strive to contribute to the continuous improvement of Lealands High School and the advancement of educational opportunities for all students.

## *Gold Sports Award*

### **By The PE Department**

### **Lealands Recognised for Sporting Excellence with Prestigious School Games Gold Mark Award**

We are delighted to announce that for the third consecutive year, Lealands has achieved the School Games GOLD Mark Award for the 2024/25 academic year.

The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

We are extremely proud of our students for their dedication to all aspects of school sport, including those young volunteers, leaders and officials who made our competitions possible.

As part of our application, we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded again this year!



## Scholars Programme

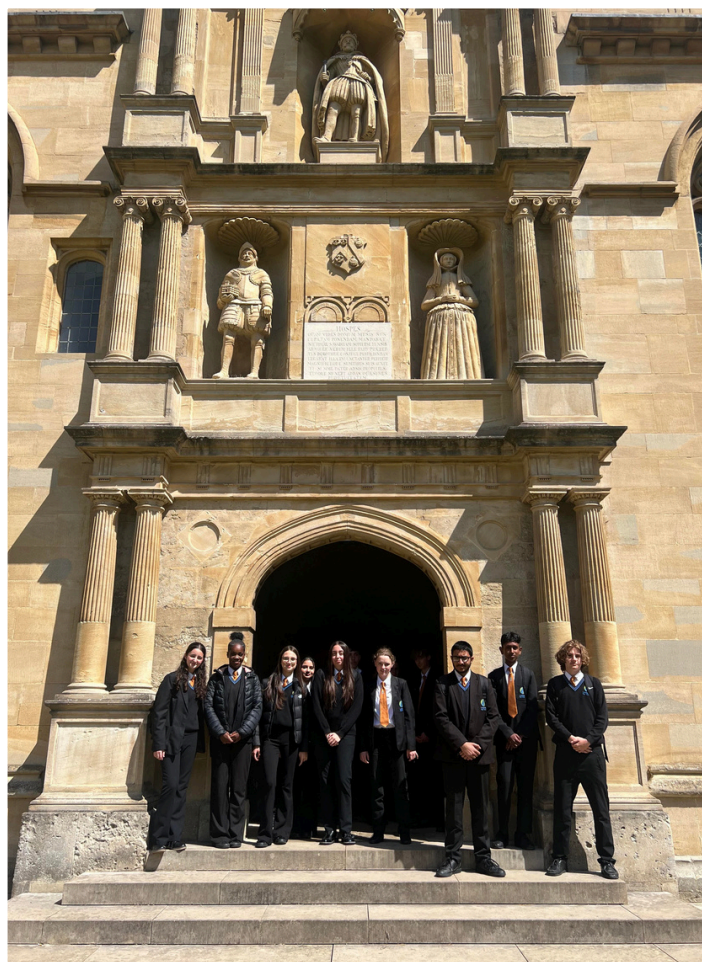
### By Mr Pearson

The summer term has seen the start of the Scholars programme in association with Wadham college (Oxford) and the Brilliant Club. Two cohorts of students in year 9 and 10 are undertaking a 6 week university style learning experience delivered by two postgraduate PhD students. The year 9s are studying 'The power of language' while the year 10s are studying 'Is a Person a Human? An Anthropology of Personhood'. Both cohorts of students have two weeks left before their final assessment is due, with the opportunity to attend their graduation ceremony in the summer for all students who graduate.

14 students recently got the opportunity to visit Wadham college as part of the Wadham project that has been running through the year. The students undertook a Chemistry workshop and then had a History lecture before getting the opportunity to tour the Ashmole Museum.

In addition, our year 7 & 8 students participated in the UK Maths Challenge in March. We are looking forward to hear how they got on.

Well done to all the students involved in these exciting opportunities!



# Languages - Active Learn

## By The Languages Department

The Languages Department would like to congratulate the following students for great effort on ActiveLearn during March. There are also several students who achieved E-Praise badges this month for their overall progress, with a total of 1427 badges given since the start of the year. Well done to everyone mentioned!

Remember, students can get badges at the following points -

- 25% - Bronze Badge - 5 extra STEPs
- 50% - Silver Badge - 10 extra STEPs
- 75% - Gold Badge - 15 extra STEPs
- 100% - Platinum Badge - 20 extra STEPs
- Extra tasks - Extra Badge - 25 extra STEPs.

The languages teachers have given everyone 1 STEP for every 2% completed and Mr McCracken has added the badges already.

**“Outstanding effort in Languages! Keep pushing for your next badge and earn those extra STEPs!”**

## Active Learn Epraise badges awarded during March 2025 Year 7

ActiveLearn E-Praise Badges Awarded During March			
Bronze - 25%	Silver - 50%	Gold - 75%	
Year 7			
Amara R	Akram E	Adam M	Jayden G
Jade M	Alexander C	Amelia N	Kailo
Mohammed Yahya R	Andreea-Alessia I	Amina D	Katie
Noah W	Antonio J	Andreea-Alessia I	Keenan F
Olly M	Bobbi B	Davide S	Lana M
Princess O	Carla F	Ella A	Lana S
Riley H	Chanice M	Gabriela M	Lewis M
Tai R	Elijah T	Gurnoor S	Louie S
	Harley W	Ifrac A	Mia G
	Jayden G	Inioluwa	Poppy R
	Julianna P	Isabella M	Thomas W
	Khloe S	Jasdeep S	Vivienne G
	Maisie M	Jayden C	
	Mysha S		
			<b>Platinum - 100%</b>
			Adiba I
			Cian J
			Daniel S
			Davide S
			Drita D
			Eimaan A
			Imanah A
			Lisa O
			Mahdiali R

## Active Learn Epraise badges awarded during March 2025 Year 8

ActiveLearn E-Praise Badges Awarded During March			
Bronze - 25%	Silver - 50%	Gold - 75%	Platinum - 100%
<b>Year 8</b>			
Chloe R Du'a R Izma H Josiah D Tyrell S	David P Elena V Emelia B Gabriel I Izma H Lena H Nevaeh C Noah Y Robyn G Rory B Sinai O	Amoya C Chloe S Jaden W Maia P Marigold K Noor I Riley F Sara M Tyler P	Aiden C Amani C Andie H Azriel P Chloe G Keya M Lailuma K Lucian N Marigold K Mikaeel U Nael A Qismat B Sophie R
			<b>Extra Tasks</b>
			Elisa I Lailuma K Mary O

## ActiveLearn Epraise badges awarded during March 2025 Years 9, 10 & 11

ActiveLearn E-Praise Badges Awarded During March			
Bronze - 25%	Silver - 50%	Gold - 75%	Platinum - 100%
<b>Year 9</b>			
Charlie L Harisha M Ismael I Iaiden-James H Kaya W Muhammad A Rahiem W Sean S Syeda F	Aasiyah K Adam S Aida-Iulia J Ewan L Maha Iman A Ramani S Renee S Samiha B Szymon R	Keron M	Keron M
<b>Year 10</b>			
	Zahra B	Aamir H Chloe B George A Rahela C Saarah V	
<b>Year 11</b>			
			Falak D Natalie B

## *Year 10 Evening of Excellence*

**By Miss Cussen, Head of Year 10**

The start of the Summer term brought us the Year 10 Evening of Excellence on Thursday 15th May.

A delightful evening enabling parents, students and staff to celebrate success throughout this academic year. The evening started with a talk from Miss Cussen; sharing all of the positives from the year so far. This included many of our students completing a work experience placement, enabling them to have a greater understanding of life after Lealands. Some students are also in the process of becoming Purple Ties, which is very exciting!

Lastly, the Year 10s have really improved their Attitude To Learning grades with many of our students receiving “good” or “excellent” on their reports.

The evening then invited parents and students to have a look at examples of exemplar work from departments across the school.

Finally, parents and students had the opportunity to attend two talks delivered by Mrs Rust - Assistant Head Teacher and Miss Griffiths - Head of Careers. These insightful talks were informing parents and students of revision strategies and how to prepare for exams and also what is to come after Year 11 and how to start looking at colleges.

It was an immensely enjoyable evening and lovely to see so many parents and students attend.



# Uniform Donations Needed!

## Has your child outgrown their uniform?

Not sure what to do with it?

Please place items in the Uniform Bin in the reception at school and we will sell it at a low price at the second hand uniform sale. This will help families to keep the cost of uniform down and also help the environment by reusing items donated.



All money made will go back into resources for Lealands students.

## Next pop up shop is Thursday 10th July 2025

Help us support students, families & the environment!

# UNIFORM BIN

Donate your unwanted uniform to sell at our pop up shop

**Next Pop Up Shop**  
Thursday 10<sup>th</sup> July 2025

# Friends of Lealands PTA

Money raised by Friends of Lealands PTA will be used to enhance pupils experience at Lealands High School.

## Future Events



25th May

29th June

27th July

24th August

28th Sept

**Preloved uniform swap shop**  
**Swap uniform or make a donation**

**Next Swap Shop**

**Thursday 10th July**

**Lealands High School**  
**244 Sundon Park Road, Luton**

email

**[Friends@lealands.luton.sch.uk](mailto:Friends@lealands.luton.sch.uk)**

## Junior Maths Challenge

**By Mr Choudhury, Teacher of Maths**

The Junior Maths Challenge is a 1 hour multiple choice test. We chose the top 20 students in Year 7 and Year 8 to participate in this prestigious competition. The Junior Maths Challenge encourages mathematical reasoning and problem solving in a fun way. It encourages students to think critically and these skills can be carried over to all other subjects.

We have had some really amazing performers and generally as a school the participants have been extremely positive. Our year 8s who attempted the junior maths challenge have shown tremendous progress with many going up by one rank. We have 5 who received gold and these 5 will be moving onto the next round which is the junior kangaroo. A special mention to Noah Platten who got the gold best in the school award. We have 6 students who received silver, 5 who received bronze and 2 who received the participation award.

Our year 7 have performed admirably for the first attempt at this type of challenge. We had 2 students who received silver, 10 who received bronze and 6 who received the participation award. A huge well done to our year 7s who gave it their all.



**Students sitting their challenge**



**Students receiving their certificates**

**Congratulations to the following students for receiving gold and silver awards:**

**Noah P, Husayn A, Sami R, Keya M, Azriel P,  
Abigail O, Aimee F, James B, Theo M, Sara D,  
Aya M, Zainab M and Noah H.**



## *Returning Books To The LRC*

**By Ms Rezaei, Learning Resource Co-ordinator**

As we approach the end of term, we kindly ask all families to check at home for any school learning resource books that may be overdue. Please return any outstanding items to Ms Rezaei, in the Learning Resource Centre, or to our school Matron. Returning books on time helps us keep our resources available for all students to enjoy.



We also love to encourage reading at home! Here are a few simple tips to help make reading a fun and regular part of your routine:

- **Set aside a regular reading time** each day – even just 10–15 minutes makes a big difference.
- **Let your child choose** what they want to read – comics, magazines, or graphic novels count too.
- **Read together aloud**, even with older children – it builds fluency and keeps reading social.
- **Talk about what you're reading** – ask questions and share opinions to boost comprehension.
- **Visit your local library** for free access to a wide range of books and family-friendly activities.

Thank you for supporting your child's learning and helping us maintain our valuable school resources!

## *Welcoming The Next Cohort of Student Leaders*

As our Year 11 students prepare to leave us and take their next steps, we're excited to announce that our Year 10 students will soon be stepping up to become the new leaders of Lealands High School.

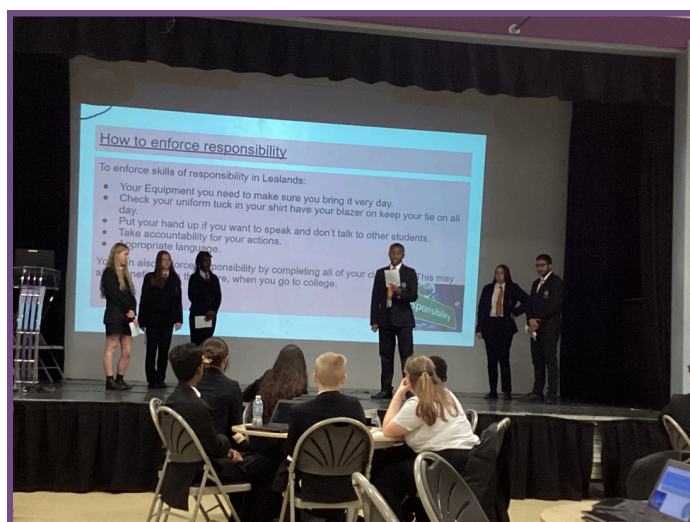
This year's student leader selection process has been a fantastic display of ambition and school spirit. We started by inviting applications from Year 10, and were delighted to receive an incredible 98 applications! After careful consideration, we shortlisted 70 students who were then invited to take part in our special selection day.

During the selection day, students worked in groups to create and deliver presentations focused on our school values. They explored what these values mean to them personally and how they would demonstrate them as student leaders. The passion, creativity, and commitment shown by all involved was truly inspiring.

Following the selection day, a final shortlist of outstanding candidates was created. We are excited to reveal that our new cohort of student leaders will be officially announced and presented with their distinctive purple ties during a special assembly on Friday, 23rd May.

But the process doesn't stop there! After receiving their purple ties, our senior student leaders will be selected. From this group, students will have the opportunity to apply for the roles of Head Girl, Head Boy, Deputy Head Girl, Deputy Head Boy, and Head of Student Voice.

We can't wait to see our new student leaders take on their roles and help shape the future of Lealands High School. Congratulations to all who took part in the process – you make us proud!



# GCSE Summer Timetable 2025

## After May Half-Term

02/06/2025	AM	45m	AQA	8633/LH	Italian Listening - Higher
02/06/2025	AM	1h	AQA	8633/RH	Italian Reading - Higher
02/06/2025	AM	1h 15m	AQA	8648/WH	Urdu Writing - Higher
02/06/2025	PM	45m	Edexcel	1JAO 1H	Japanese Listening - Higher
02/06/2025	PM	1h 05m	Edexcel	1JAO 3H	Japanese Reading - Higher
03/06/2025	AM	1h 25m	Edexcel	1AA0 4H	Arabic Writing - Higher
03/06/2025	AM	45m	Edexcel	1PG0 1H	Portuguese Listening - Higher
03/06/2025	AM	1h	Edexcel	1PG0 3H	Portuguese Reading - Higher
03/06/2025	AM	45m	Edexcel	1RU0 1H	Russian Listening - Higher
03/06/2025	AM	1h 05m	Edexcel	1RU0 3H	Russian Reading - Higher
03/06/2025	PM	45m	AQA	8638/LH	Bengali Listening - Higher
04/06/2025	AM	1h 30m	Edexcel	1MA1/2H	Mathematics 2 : Calculator - Higher
04/06/2025	PM	1h 15m	OCR	R032/01	Health & Social Care: Essential values of care for use with individuals in care settings
05/06/2025	AM	1h 50m	Edexcel	1H10 2J	History: American West, Anglo-Saxon and Norman England
05/06/2025	PM	1h	AQA	8658/WF	French Writing - Foundation
05/06/2025	PM	1h 15m	AQA	8658/WH	French Writing - Higher
06/06/2025	AM	1h 45m	AQA	8700/2	English Language Unit 2: Writers' Viewpoints And Perspectives
06/06/2025	PM	1h 30m	AQA	8035/2	Geography Paper 2
09/06/2025	AM	1h 45m	AQA	8461/2F	Biology Paper 2 - Foundation
09/06/2025	AM	1h 45m	AQA	8461/2H	Biology Paper 2 - Higher
09/06/2025	AM	1h 15m	AQA	8464/B/2F	Combined Science Paper 2 Biology - Foundation
09/06/2025	AM	1h 15m	AQA	8464/B/2H	Combined Science Paper 2 Biology - Higher
09/06/2025	PM	1h 15m	AQA	8633/WH	Italian Writing - Higher
09/06/2025	PM	1h 15m	AQA	8582/2	PE Paper 2
09/06/2025	PM	1h	OCR	J587/02	PE Paper 2: Socia-Cultural Issues & Sports Psychology
10/06/2025	AM	1h 25m	Edexcel	1IA0 4H	Japanese Writing - Higher
10/06/2025	AM	35m	AQA	8698/LF	Spanish Listening - Foundation
10/06/2025	AM	45m	AQA	8698/LH	Spanish Listening - Higher
10/06/2025	AM	45m	AQA	8698/RF	Spanish Reading - Foundation
10/06/2025	AM	1h	AQA	8698/RH	Spanish Reading - Higher
10/06/2025	PM	1h 30m	Edexcel	1H10 3I	History: Weimar and Nazi Germany
11/06/2025	AM	1h 30m	Edexcel	1MA1/3F	Mathematics 3 : Calculator - Foundation
11/06/2025	AM	1h 30m	Edexcel	1MA1/3H	Mathematics 3 : Calculator - Higher
11/06/2025	PM				Contingency Afternoon
12/06/2025	AM	1h 15m	AQA	8638/WH	Bengali Writing - Higher
12/06/2025	AM	1h 30m	AQA	8035/3	Geography Paper 3
12/06/2025	PM	1h 45m	AQA	8365/1	Further Maths 1
12/06/2025	PM	1hr 15m	AQA	8683/WH	Panjabi Writing - Higher
12/06/2025	PM	1h 20m	WJEC	5409UB0-1	Hospitality & Catering Written Paper
12/06/2025	PM	1h 25m	Edexcel	1RU0 4H	Russian Writing - Higher
13/06/2025	AM	1h 45m	AQA	8462/2F	Chemistry Paper 2 - Foundation
13/06/2025	AM	1h 45m	AQA	8462/2H	Chemistry Paper 2 - Higher
13/06/2025	AM	1h 15m	AQA	8464/C/2F	Combined Science Paper 2 Chemistry - Foundation
13/06/2025	AM	1h 15m	AQA	8464/C/2H	Combined Science Paper 2 Chemistry - Higher
13/06/2025	PM	1h 15m	AQA	8688/WH	Polish Writing - Higher
13/06/2025	PM	1h 20m	Edexcel	1PG0 4H	Portuguese Writing - Higher
16/06/2025	AM	1h 15m	AQA	8464/P/2F	Combined Science Paper 2 Physics - Foundation
16/06/2025	AM	1h 15m	AQA	8464/P/2H	Combined Science Paper 2 Physics - Higher
16/06/2025	AM	1h 45m	AQA	8463/2/F	Physics Paper 2- Foundation
16/06/2025	AM	1h 45m	AQA	8463/2/H	Physics Paper 2 - Higher
16/06/2025	PM	1h 15m	WJEC	C66OU30-1	Music: Component 3
17/06/2025	AM	1h	AQA	8698/WF	Spanish Writing - Foundation
17/06/2025	AM	1h 15m	AQA	8698/WH	Spanish Writing - Higher
18/06/2025	PM	1h 45m	AQA	8365/2	Further Maths 2
25/06/2025	AM				Contingency Day
25/06/2025	PM				Contingency Day

# Medical Advice

## Drinking Water

It is very important to ensure that we do not dehydrate. As well as keeping our bodies fit and healthy, it will also help keep concentration levels higher and therefore improve performance at school.

Can you please ensure that your son/daughter brings a bottle of water with them to school – this can be refilled at the water fountain. Any fizzy drinks or energy drinks WILL BE CONFISCATED.

Spare cups are not available from the medical room.



## Medicines in School

Prescription medicines MUST be supplied to the Medical Room in a container labelled by the pharmacist.

All other medicines must be provided in their original packaging.

All medicines held and dispensed by the Medical Room must have a parent's/carer's written consent.

Medication prescribed for 1 / 2 / 3 doses a day should not normally require administration during the school day, unless times specifically stated by GP. The medication should generally be taken at the following times:

1) before school 2) on arrival home from school 3) before bedtime

## Coping with Hay Fever

Please ensure your child takes their medication before they come to school (e.g. antihistamines, eye drops, nasal sprays, etc).

Spare medication may be left in the Medical Room for emergencies. All medicines held and dispensed by the medical room, must be provided in their original packaging and must have a parent/carer's written consent.

Please ensure that your child has ample supplies of tissues. A little pot of Vaseline is also useful – your child can dab a little under his/her nose to provide a lubricating barrier to the constant irritation from blowing and rubbing.

## Paracetamol

Paracetamol can only be given to students who have returned their permission slip. Tablets will only be given at break, lunch time and at change of lesson, unless the student suffers with a migraine or is on the Medical List.

Students are discouraged from carrying pain relief tablets. If students are caught carrying medication in school, the tablets will be confiscated and the Senior Leadership Team will be informed.

# BREAKFAST BATTERY BOXES



Looking for a  
healthy, hearty  
breakfast during the  
holidays?



## MAY HOLIDAY COLLECTION DATES:

Tuesday 27th 9:30am-11:00am

If you need support visit our hub at:

Sundon Park Baptist Church, 244 Sundon Park Road,

Luton, LU3 3AL

## #FIGHTINGHOLIDAYHUNGER

If you wish to donate

ITEMS WE NEED: Cereal, Long-Life Milk, Bread/Bagels,  
Jam/Spreads, Fruit Juice/Squash, Baked Beans, Eggs,  
Pancake Mix/Flour, Fresh Fruit, Treats

## Thank You



07402118379 / 07754791982



breakfastbatteryboxes@gmail.com

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