

Knowledge Organiser for Year 8: Relationship and Sex Education

1. Sex and the Law

Key Concepts:

- **Legal Age of Consent:** In the UK, the legal age for sexual consent is 16 years old. This means that individuals under the age of 16 cannot legally engage in sexual activity.
- **Sexual Assault and Consent:** Consent must be given freely, without pressure, and can be withdrawn at any time. Consent is crucial for all sexual activity, and sexual assault is a crime.
- **Revenge Porn Laws:** It is illegal to share intimate images or videos of someone without their consent. This is considered a criminal offense and can lead to severe legal consequences.
- **Protection from Exploitation:** The law protects individuals, particularly young people, from sexual exploitation and abuse. Grooming and coercion into sexual activity are illegal.

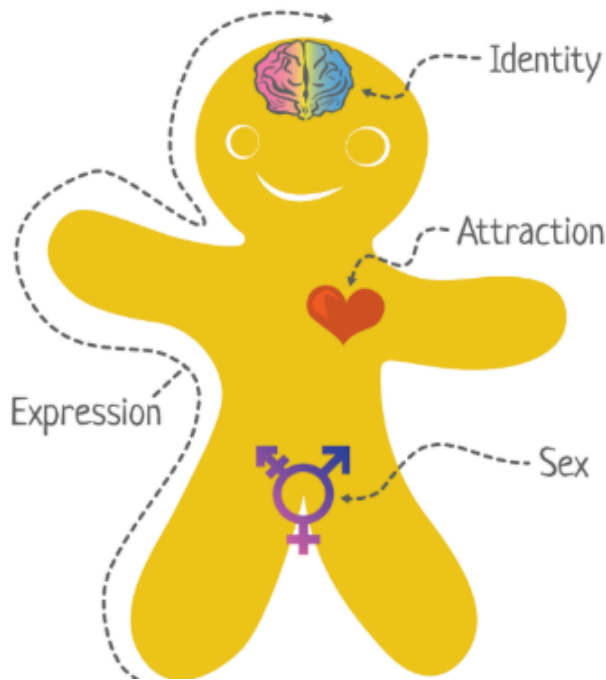


2. Gender Identity and Sexual Orientation

Key Concepts:

- **Gender Identity:** Refers to how a person feels and experiences their gender, which may or may not align with the sex they were assigned at birth. This includes identities such as male, female, non-binary, gender-fluid, and more.
- **Sexual Orientation:** Describes who someone is attracted to emotionally, romantically, or sexually. This can include heterosexual (attracted to the opposite gender), homosexual (attracted to the same gender), bisexual (attracted to both genders), and more.
- **Respect and Correct Language:**
 - Always use the correct pronouns (he, she, they, etc.) as requested by an individual.
 - Respect people's gender identity and sexual orientation, avoiding stereotypes and assumptions.
 - Avoid using derogatory terms or slurs when discussing someone's identity or orientation.

The Genderbread Person



So far, we've been talking about anatomical **sex**

but your **sex** is different to your **gender**

gender is made up of two aspects:

- **gender identity**
- **gender expression**

gender and **sex** are different things to **sexuality** (attraction)

3. Stable Relationships and Marriage

Key Concepts:

- **Stable Relationships:** A stable relationship is built on trust, communication, respect, and support. This can be in the form of friendships, romantic relationships, or family connections. Healthy relationships are grounded in mutual respect, where both individuals feel safe and valued.
- **Marriage:** Marriage is a legal and emotional commitment between two people. In the UK, couples of all genders and sexual orientations can marry. Marriage can be a part of personal beliefs and values, but it is not the only way to have a loving, committed relationship.
- **Key Features of Healthy Relationships:**
 - **Trust:** Both partners trust one another and keep their promises.
 - **Communication:** Open and honest communication is essential for resolving conflicts and maintaining a strong relationship.
 - **Respect:** Respect each other's individuality, boundaries, and opinions.
 - **Support:** Offer emotional and practical support during challenging times.
 - **Equality:** Both partners should have equal say and share responsibilities within the relationship.

