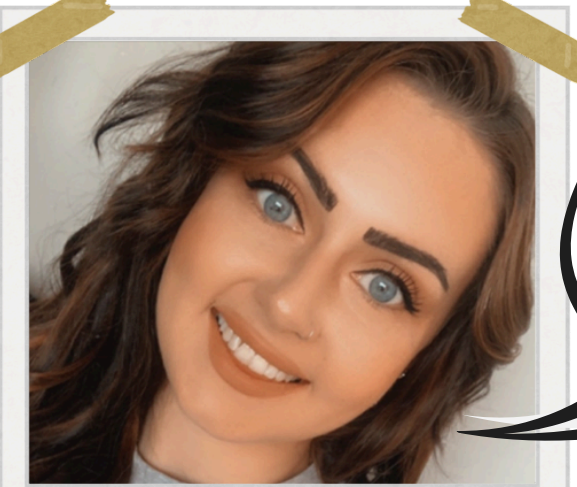




Say Hi to your North Luton CAMHS Community Access Service Team!



East London
NHS Foundation Trust



Leah Dimmock

Hi! I'm Leah (she/her) and I'm a CAMHS Practitioner!



Sonali Karkhanis

Hi! I'm Sonali (she/her) and I'm a Counselling and Psychologist and Operational Lead!

Hi! I'm Keziah (she/her) and I'm an Educational Mental Health Practitioner!



Keziah John

What do we do?

We are a team that sits within the Luton NHS Children and Adolescent Mental Health Service (CAMHS). We regularly meet with your school and offer support and advice to teachers, families and other professionals, to understand mental health, so that everyone can support you together.

Across the team, we have skills to support children and young people to manage symptoms of low mood, anxiety and worries, and some other mild-moderate mental health difficulties. We also work with young people who may struggle with regulating and understanding their emotions. We aim to give space for children and young people to talk about difficulties at home, in school, in their relationships with others, and support them in adjusting to life changes.

We offer support via 1-to-1 work, groups, assemblies and workshops (for both carers and children).

If we can't support you, we might be able to advise your school on other people or services who can, so do please do reach out to a trusted adult for a chat!



Hi! I'm Amanda (she/her) and I'm a CAMHS Practitioner!



Amanda Timoney



Momina Khatun

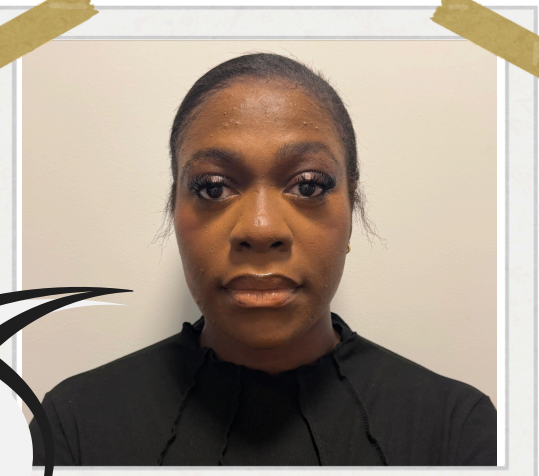
Hi! I'm Momina (she/her) and I'm an Educational Mental Health Practitioner!



Jenna Miller

Hi! I'm Jenna (she/her) and I'm a Counsellor!

Hi! I'm Moji and I'm a Trainee Educational Mental Health Practitioner!



Moji Adesanya