Year 7 PSHCE Curriculum Map

Colour code key: Key Areas

Relationship and Sex Education	Health Education	Keeping safe and the law	Citizenship and Democracy	Careers Education

Week	Unit	Lesson title
1	Unit 1	What is Seneca
2		Why is trust important?
3		Is this banter or bullying?
4		How do I deal with conflict?
5		What is child-on-child abuse?
6		How can we deal with friendships breaking down?
7	Unit 2	What range of emotions are there?
8		How can I cope with puberty?
9		What influences my health choices?
10		How can vaccinations support our health?
11		What is an addiction?
12		Tobacco and Alcohol
13		What is vaping all about?
14	Unit 3	What is the age of criminal responsibility?
15		How can it feel to witness a crime?
16		What are protected characteristics?
17		What is hate crime?
18		What is honour-based abuse?
19		What is LGBTphobia?

20	Unit 4	What are my strengths?
21		What are my areas to develop?
22		Careers: Why do we study different subjects at school?
23	:	Careers: What are employability skills?
24		Careers What employability skills do I need to get a job?
25	Unit 5	Local Government: What is local government?
26		Local Government What do local councils do?
27		Local Government What is the role of the local councillor?
28		Local Government How can you communicate with your local council?
29	Unit 6	How do we balance independence and risk?
30		How can we be responsible road users?
31		How do I report a concern?
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