

WHAT TO DO IF...



Guidance for parents and carers

If your child or another household member has COVID-19 symptoms or their child has been in contact with a confirmed case.

Government guidance is subject to change at short notice – if in doubt, refer to official websites shown below.



Lealands
High School

YOUR CHILD HAS SYMPTOMS OF CORONAVIRUS

If your child has coronavirus symptoms:

- a high temperature
- a new continuous cough
- a loss of or change to your sense of smell or taste



Do NOT send your child to school

Inform school ASAP

Get a test now

www.gov.uk/get-coronavirus-test or phone NHS 119

Tell school what the test result is as soon as you know.

Follow 'stay at home' guidance for households with possible or confirmed infection
www.bit.ly/stayathomeguidance

www.gov.uk/get-coronavirus-test

SOMEONE ELSE IN YOUR HOUSEHOLD HAS SYMPTOMS

If someone in your household develops symptoms, they get a test and self-isolate for 10 days. Other members of their household self-isolate for 14 days from when the symptomatic person first had symptoms



Do NOT send your child to school

Inform school ASAP

If the test is negative AND the person who had symptoms is well:



Negative test result

- they can stop self-isolating
- other members of the household can stop self-isolating, so your child can return to school

If the test is positive:



Positive test result

- the person with symptoms self-isolates for at least 10 days from symptom onset and follows **stay at home guidance**
- other members of the household continue self-isolating for the full 14 days, even if they have a negative test result



Do NOT send your child to school

YOUR CHILD HAS BEEN IN CONTACT WITH A CONFIRMED CASE OUTSIDE SCHOOL

Contacts who need to self-isolate will be notified and advised by the NHS Test and Trace service. Children under 18 will be contacted by phone wherever possible and asked for their parent or guardian's permission to continue the call. If you or your child have not been notified, your child does not need to self-isolate.

- if your child has been informed that they are a contact of a person who has a positive test result for COVID-19:



Do NOT send your child to school

Inform school ASAP

- your child must self-isolate at home for 14 days from the date of their last contact with the person who tested positive.
- follow **stay at home guidance**
- your child is at risk of developing COVID-19 for the next 14 days
- even if your child never develops symptoms, they can still be infected and pass the virus on without knowing it.
- you should not arrange a test for your child unless they develop symptoms of COVID-19
- if your child tests negative, they must still isolate for the full 14 days
- if your child does not have symptoms of COVID-19, other people in your household do not need to self-isolate.