

## **Extra curricular activities timetable 21-22**

We would like all students to engage with a journey of extra curricular activities in their time at Lealands.

Extra curricular activities are able to:-

Improve academic performance

Enable students to explore interests and create broader perspectives

Gain higher self esteem

Social opportunities

Essential life skills

LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
YEAR 7	DANCE 12.25-12.55	DRAMA 12.25-12.55	OPEN MIC 12.25-1.55		Friday Prayer 12.25-12.35
YEAR 8	DANCE 12.25-12.55	DRAMA 12.25-12.55	OPEN MIC 12.25-1.55		Friday Prayer 12.25-12.35
YEAR 9	DRAMA 1.25-1.55				Friday Prayer 1.30-1.40
YEAR 10					Friday Prayer 1.30-1.40
YEAR 11		DANCE INTERVENTION 12.55-13.25			

AFTER SCHOOL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
YEAR 7	Netball 3.00-4.00pm	DANCE COMPANY 3.30-4.30 Board game club 3.00-4.00pm Knitting know how 3.00-4.00pm Extended Learning (LRC) 3.00-4.00pm	Mindfulness 3.00-3.30pm Extended Learning (Lit/Num Room) 3.00-4.00pm BOYS basketball 3.00-4.00pm GIRLS football 3.00-4.00pm Football 3.00-4.00pm	SCHOOL PRODUCTION 3.30-4.45 Languages club 3.15-4.00pm Creative Writing 3.15-4.00pm Science Club 3.15-4.15pm Extended Learning (LRC) 3.00-4.00pm GIRLS basketball 3.00-4.00pm Rugby 3.00-4.00pm	
YEAR 8	Netball 3.00-4.00pm	DANCE COMPANY 3.30-4.30 Board game club 3.00-4.00pm Knitting know how 3.00-4.00pm Extended Learning (LRC) 3.00-4.00pm	Mindfulness 3.00-3.30pm Extended Learning (Lit/Num Room) 3.00-4.00pm BOYS basketball 3.00-4.00pm GIRLS football 3.00-4.00pm Football 3.00-4.00pm	SCHOOL PRODUCTION 3.30-4.45 Languages club 3.15-4.00pm Creative Writing 3.15-4.00pm Science Club 3.15-4.15pm Extended Learning (LRC) 3.00-4.00pm GIRLS basketball 3.00-4.00pm Rugby 3.00-4.00pm	
YEAR 9	Netball 3.00-4.00pm	DANCE COMPANY 3.30-4.30 Extended Learning (LRC) 3.00-4.00pm Football 3.00-4.00pm	Mindfulness 3.00-3.30pm Basketball (GIRLS ONLY) 3.10-4.10pm Extended Learning (Lit/Num Room) 3.00-4.00pm	SCHOOL PRODUCTION 3.30-4.45 Languages club 3.15-4.00pm Creative Writing 3.15-4.00pm	

			BOYS basketball 3.00-4.00pm GIRLS football 3.00-4.00pm	Extended Learning (LRC) 3.00-4.00pm GIRLS basketball 3.00-4.00pm	
YEAR 10	Netball 3.00-4.00pm	DANCE COMPANY 3.30-4.30 Extended Learning (LRC) 3.00-4.00pm Football 3.00-4.00pm	Mindfulness 3.00-3.30pm Extended Learning (Lit/Num Room) 3.00-4.00pm BOYS basketball 3.00-4.00pm GIRLS football 3.00-4.00pm	SCHOOL PRODUCTION 3.30-4.45 Languages club 3.15-4.00pm Extended Learning (LRC) 3.00-4.00pm GIRLS basketball 3.00-4.00pm	
YEAR 11	Netball 3.00-4.00pm	DANCE COMPANY 3.30-4.30 Extended Learning (LRC) 3.00-4.00pm	Mindfulness 3.00-3.30pm Extended Learning (Lit/Num Room) 3.00-4.00pm BOYS basketball 3.00-4.00pm GIRLS football 3.00-4.00pm	SCHOOL PRODUCTION 3.30-4.45 Languages club 3.15-4.00pm Extended Learning (LRC) 3.00-4.00pm GIRLS basketball 3.00-4.00pm Football 3.00-4.00pm	