



Lealands
High School
Aspire Believe Achieve

Exam Technique

KS3 – KS4



Make sure you know when your exams are in plenty of time, check 3 days before, then confirm the night before. Have your timetable somewhere very visible at home!

TAKE IN WITH YOU:

(Unless prohibited)

pen, pencil, rubber, ruler,
calculator, dictionary, water
(no labels), clear pencil case,
wrist watch

NOT ALLOWED PLEASE DROP OFF:

bags, notes, phones, books etc.
Basically anything that is not
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Day/Night Before:

- Plenty of rest and sleep
- Eat sensibly - fruit, fish, drink lots of water - NO SNACKING
- KS4/5 - Reconfirm times and arrive in plenty of time
- Check you have EVERYTHING you need and pack
- DON'T take books to bed with you



JUST before the exam (30-10 Mins):

- Turn off your phone
- Visit the toilet!
- Have a banana
- Find your row / seat location in the hall
- Make sure you have no notes / doodles on your hands
- Enter the room silently!
- Empty your pockets
- DEEP breaths



In the exam:

- Hands up for ANY problem / issue (STAY SILENT)
- Breathe!
- Read instructions on exam paper thoroughly
- Do NOT communicate with any other student in ANY way
- READ the question! Understand it before you start writing!
- DON'T lose focus of THE ACTUAL QUESTION!
- Remember techniques you've learnt in class (2 sided, describe etc)
- If you are left with blanks, have a go, NOTHING to lose!
- Write carefully; make sure the examiner can read your work!



Positive Mental Attitude!

If you fail to prepare, prepare to fail!